

Cranston Herald

THURSDAY, NOVEMBER 10, 2022

2 SECTIONS • 24 PAGES • \$1.00

Fung falls short

By EMMA BARTLETT and JOHN HOWELL

It was a roller coaster ride Election Night that didn't end well for the man who led Cranston for 12 years and was ready to do even bigger things in Washington.

As the votes started coming in shortly after 8:15 p.m., those who had gathered at the Twin Oakes with hopes of a victory party, were seeing and hearing what they wanted. Radio host John DePetro who was live streaming from the restaurant announced loudly that Allan Fung was ahead of Seth Magaziner by four points in the race for the Second Congressional District. That caused a stir and there was a smattering of cheers. DePetro's information had come from Fox News.

But JR Pagliarini, who has been through many political races not only as a campaign consultant but at one time a candidate, wasn't swayed. Yes, he said it was good that Fung was ahead, however, only a small percentage of the vote was in. Ten minutes later, Fung's lead was shaved down to a two point lead and soon thereafter according to the State Board of Elections tally had them in a dead heat. Might this race come down to the mail ballots and perhaps a recount?

By 9:30 what little steam there had been for a victory celebration evaporated and the room



AT THE POLLS: Allan Fung and his wife Barbara Ann Fenton Fung arrived at the Hope Highlands School Election Day to be greeted by a bevy of reporters. Here they were joined by Mayor Ken Hopkins before entering the school to cast their ballots. (Cranston Herald photo)

CD2 - PAGE 8

Changes in School Committee, not council

By EMMA BARTLETT

General Assembly seats

As polling places closed Tuesday and results filtered in, Cranston residents found that incumbents for the General Assembly, City Council and School Committee held their seats. Each of the three elected bodies will serve two year terms.

While the majority of ballots have been counted, the Board of Elections sent out a release Tuesday saying that remaining drop box ballots and any still uncounted mail ballots will be added to the Mail Ballots totals and made available on state elections website on Nov. 9 and 10; any precincts which failed to transmit their results on Election Night due to any technical issues will be added to the Election Day results and made available on the Board of Elections' website. From Nov. 11 to 12, provisional ballots results will be added to Polling Place Results and will be made available on the Board of Elections' website. The Board of Elections said that on Nov. 15, deficient mail ballots cured by voters will be added to Mail Ballots Results and will be made available on the Board of Elections' website prior to final certification.

The majority of incumbents held onto their seats in the General Assembly, however, in State Senate District 31, Democratic candidate Matthew LaMountain won the seat. LaMountain went against Republican candidate Lisa Morse in the Nov. 8 election and faced Harrison Tuttle in the September Primary. Kendra Anderson, who previously represented District 31, decided not to run for reelection.

City Council races

The only uncontested City Council race occurred in Ward 1 where incumbent Democratic candidate Lammis Vargas will continue to hold the Ward 1 seat. Vargas was first elected to the City Council in 2018 as the first woman of color and has played a leading role in starting the pride flag raising in Cranston, establishing an ordinance focusing on minority business enterprises and women business enterprises in city contracts and bringing residents' concerns to the forefront.

CITY - PAGE 8

Panel says 'no' to pallet housing

By EMMA BARTLETT

LO Hotel. Picozzi said he was told the administration aims to disburse the homeless population with the use of housing facilities in multiple communities.

Members of the Safety Services and Licenses Committee approved (4-2) a pallet shelter resolution Thursday night calling for Gov. Dan McKee to abandon plans for placing pallet shelters at Cranston's Pastore Center. The resolution, sponsored by Councilman Matthew Reilly and Councilwoman Nicole Renzulli, will go before the full council at the end of the month.

Meanwhile, the state administration hasn't revealed a plan for providing shelter for the homeless this winter. Warwick Mayor Frank Picozzi said he was assured the state will not contract with Crossroads, as it did last year, for use of the NY-

Pallet shelters are tiny, pop-up housing units with heat and electricity that are used for emergency housing. The state is looking to use these shelters for individuals experiencing homelessness this winter and has been scouting out potential locations throughout Rhode Island. One of the suggested areas is the Pastore Center which has become a debated topic within the city for the past three weeks.

At Thursday's meeting, Chief of Staff Anthony Moretti said the Governor's

HOUSING - PAGE 6

A veteran at honoring vets

By JOHN HOWELL

A chance encounter at the Baltimore/Washington Airport as George Farrell and his family were on their way home from a spring vacation in 2010 changed his life and the lives of about 800 veterans.

Farrell was at the right time and the right place to witness an Honor Flight pass through the terminal. Those in the terminal paused on their way to make connections to applaud a group of World War II veterans, some in wheelchairs, others walking, wearing jackets and hats distinguishing the

branch of the service in which they served. Travelers passing through the terminal were not the only ones recognizing the veterans. Local police and firefighters, units representing different branches of the military, scout troops and civic groups and family and friends were there to greet them on. Some stood ramrod straight, saluting. Others waved flags, applauding and cheering.

At first Farrell didn't know what was happening, but he could see the joy in the faces of the veterans and the sincerity of those applauding them. It was genuine and when he learned more, not only did he

want local WWII veterans to have the opportunity to visit the war memorials in the nation's capital, but he believed the Rhode Island Retired Fire Chiefs could pull it off.

Last Thursday marked the tenth anniversary of the first Honor Flight run by the Rhode Island Fire Chiefs Association. Since then Farrell and his followers — most of them having been with him from the start — having organized and run 27 flights.

The flights are packed days. Veterans, many in their 80s and 90s and usually one or

FARRELL - PAGE 12



WATCH YOUR STEP: George Farrell assists one of the veterans in the all-women veterans flight hosted by the Federation of Women's Clubs on April 6, 2019 as they enter the terminal and prepare to board the flight for a full day in Washington, DC. (Herald file photo)

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Cranston Chatter

Humans of Cranston Nominations

OneCranston Health Equity Zone is starting a new initiative with the Cranston Herald and local photographer Timothy McFate called Humans of Cranston; they will be interviewing Cranston residents to gain a deeper understanding of and celebrate those who live here. Those interviewed will be featured in a new column and on OCHEZ social media. If you are interested in nominating a Cranston resident, please email JB Fulbright at jfulbright@comcap.org or call 401-208-3487.

Photography Exhibit

CHATTER - PAGE X

Falcons fly to semis



Marcus Chung scored three touchdowns to lead the West football team to a 21-18 playoff win over Woonsocket.

Sports, page 20

A concrete start to solid career

Certification program at charter school increases worksite opportunities

By EMMA BARTLETT



WATCH AND LEARN: Scott Zinke, who's been working with seniors to prepare them for their upcoming ACI (American Concrete Institute) Concrete Field Testing Technician – Grade I certification test, demonstrates some on the hands-on testing that students may experience on Nov. 15. (Herald photo)

When senior Nicholas Aschettino, 17, graduates from the New England Laborer's Cranston Public Schools Construction and Career Academy in June, he wants to work in highway construction. Down the road in six or so years, he sees himself working in concrete quality control.

Aschettino is one of six seniors selected to participate in the school's new concrete quality control program which is funded through the Rhode Island Department of Education's (RIDE) Charter Support Initiative grant. The school received \$8,333 from RIDE and covered the program's remaining costs with the school budget. While students already learn about concrete in their classes, this course expands their abilities and what type of work they can do on a jobsite.

Assistant Principal of Academic Affairs Lindsey Tavares said the Construction and Career Academy had its eye on expanding the use of concrete in its construction pathway and partnered with the University of Connecticut Concrete Advanced Pavement Lab for its concrete quality control program. For six weeks, Scott Zinke – researcher engineer at Concrete Advanced Lab – visited the Construction and Career Academy to prepare students for this certification.

The course gets students ready to complete the ACI (American Concrete Institute) Concrete Field Testing Technician – Grade I certifi-

cation test; this test certifies concrete technicians who have demonstrated the knowledge and ability to properly perform the basic field tests of freshly mixed concrete. This work results in fewer jobsite problems and costly delays.

The exam is a rigorous all day affair, beginning with a written test and followed by practical demonstrations of the tests. In this line of work, individuals must verify that concrete meets design specifications and identify concrete that is substandard. The seniors will take their exam on Nov. 15 and will receive results in the coming weeks. Zinke said it's great seeing a young group of students learn about concrete quality control. He said most people don't know about concrete field testing until they are in the field and will take the certification course later in life. Zinke added that there's a shortage of people in quality control of materials jobs.



PRACTICE, PRACTICE, PRACTICE: After listening to Scott Zinke's instructions, Dylan Gibb & Ziaiah Dearce took turns packing concrete into cylindrical molds where they will later determine the strength of the concrete. (Herald photo)

The course consists of an in-classroom component followed by a hands-on component in the school's construction bays. Throughout the two-hour instruction period, Zinke quizzes students' knowledge. Last Tuesday – two weeks before their exam – Zinke had seniors fill cylindrical molds with wet concrete so they could determine the strength of the concrete. He tested them on the number of layers needed to fill the mold, and taught them to pay attention to air pockets and label the mold once it was finished.

This is Zinke's first time working with high school students, and he said they have been enthusiastic throughout the process.

Tavares said the school hopes to run the program in the spring and open the opportunity to students at Cranston East and Cranston West. While there were six students in the program for trial purposes, Tavares sees this number expand-

ing for the spring courses. Additionally, individuals do not need construction experiences in order to take the certification course.

Tavares said initially the school was going to select students for this program based on attendance and academic performance. However, she said there were several students who advocated for themselves. One individual, who was selected for the program, didn't have the best track record with attendance, was selected and has thrived throughout the course.

While the school is currently using UCONN's cur-

riculum for this program, the school is looking for the university to create its own program that the Construction and Career Academy can purchase. In the next school year, the Construction and Career Academy hopes to do a program with asphalt and is looking for a local lab to go to and use or to bring in a mobile lab.

During the program's last course, Zinke will run through a simulation of the exam with students as final preparation. This certification gets students in the door according to Tavares and there are many levels of certification after that they can take part in.

Grant to increase community events at Governor Sprague Mansion

By PAM SCHIFF

hub where Cranston's diverse residents can gather not only for celebration but for mental, emotional and physical wellbeing.

The community partners were pleased to share that they were awarded the grant earlier this year; all supplies have arrived and are currently being stored in the carriage house on the mansion's grounds.

"So much of the history of this part of the city stems from the Governor Sprague Mansion and Cranston Print Works. Increasing community access and participation in this space is one way that we can continue to honor that history and bring people together as we create new memories and build community," said Donegan.

The tents and heaters will allow the Governor Sprague Mansion to extend programming into the spring and fall seasons. They envision partnering and supporting programming and services from community groups such as the Cranston Arts Commission, Cranston Public Library and OneCranston Health Equity Zone amongst others.

Additionally, as part of the grant award, the Cranston

YMCA will hire and train bilingual Zumba instructors to host outdoor programming on the mansion grounds.

"The Cranston Y is not just a gym and swim facility, it is a place that welcomes all members of the community, and strives to provide programs and services that support youth development, healthy living and social responsibility. Partnering with wonderful organizations like the Cranston Historical Society, at the Governor Sprague Mansion, helps the Y take its programs and services outside of our four walls, into the community that we are here to serve," said Christy Clausen, Executive Director of the Cranston YMCA.

This partnership and project creates the opportunity to connect residents to each other, residents to organizations, and build a more connected and cohesive community.

"Since the Governor Sprague Mansion is situated on one of the largest green spaces in a rather densely populated area, the Cranston Historical Society thought that we should open up our grounds to community and government groups. We



THE PEOPLE'S WHITE HOUSE: Governor Sprague Mansion in Cranston is available for tours and has events year round for people to enjoy.

hope that people who visit the grounds for one of these events, will develop an appreciation for the history of the area and the work that the Society does to preserve, protect and promote our city's past," said Sandra Moyer, President, Cranston Historical Society.

The visions for the future of the space and the Mansion are endless, and are only limited by people's imaginations.

"I have driven by the Sprague Mansion many times but never realized what a wonderful green space we had in the area until the lighting of the holiday tree. Seeing the people from the area gather in community to celebrate the season was powerful. When I was asked to be part of a group to strategize to bring easier access for outdoor community events I was hooked. I envision many community orga-

nizations using the tents and heaters in that space and having the corner of Cranston St. and Dyer Ave. alive with events for the city," said Grace Swinski, Ward 3 resident and community advocate.

For more information about the Cranston Historical Society, call (401) 944-9226, or cranston.historical.society@gmail.com or www.cranstonhistoricalsociety.org.

PONTIAC AVENUE BRIDGE INTERCHANGE CLOSURES

The Rhode Island Department of Transportation (RIDOT) will implement two weekend closures of Pontiac Avenue at the Pontiac Bridge Interchange in Cranston over two weekends. The two closures will take place on Friday November 11 from 8 p.m. to November 14 at 6 a.m. and Friday November 18 from 8 p.m. to November 21 at 6 a.m. This work is necessary for two bridge slides at the interchange. During the bridgework, traffic will continue to flow on Route 37 using the on and off ramps.

Marked detours will be in place. Please plan to use alternate routes as delays are expected.



Department of Transportation
Two Capitol Hill
Providence, RI 02903
401-222-2450
www.ridot.net

CAREER FAIR

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'This food has to last our veterans through the year'

OSDRI launches holiday food drive for veterans



EMPTIED SHELVES: Tyrone "Ty" Smith, Director of Employment and Housing for Operation Stand Down Rhode Island (OSDRI), surveys the organization's food bank shelves. The group needs help collecting food for the region's veterans.

By RORY SCHULER

Most of the shelf space was bare. A few scattered year-old cans of green beans and corn niblets dotted the metal shelving.

Tyrone "Ty" Smith walked into the food pantry and surveyed the remaining shelf-stable items. He shook his head. The Director of Employment and Housing for Operation Stand Down Rhode Island (OSDRI) determined last year's stock of food pantry items was nearly gone. A new inventory was badly needed. The holidays are approaching.

"This is very important this time of year," Smith said, standing inside the pantry at the OSDRI headquarters off Hartford Avenue in Johnston. "This food has to last our veterans through the year. We just had a big veteran assistance event, and we handed out a lot of what we had left."

OSDRI has sounded a call to action to the local community in the days leading up to Veterans Day, on Friday, Nov. 11.

"OSDRI's veteran food pantry is at a critical low," said Erik Wallin, Esq. Executive Director of OSDRI. "Following our Annual September Veteran Service Event where hundreds of in-need veterans receive bags of food from our pantry, we typically are able to quickly refill it with donations from the community at-large. This year, it has been slow going."

Veterans from around the state rely upon OSDRI's veteran food pantry to feed themselves and their families. Social Workers from the VA Medical Center often bring food from our pantry to veterans who are shut-in as well. We are looking for a wide assortment of non-perishable food to get us through the next few months."

On Friday, Oct. 21, OSDRI began seeking support and donations from the local community to help stock the OSDRI food pantry shelves in time for the holidays.

"Due to inflation and ris-

ing food prices, our annual Holiday collection drive is imperative this year in order to ensure our Veterans are not forgotten on Veterans Day and do not get left behind through the Holiday Season," Wallin said. "OSDRI relies on gift cards throughout the year to assist our veterans with groceries, gas and clothing. As we head into the holiday season, this becomes particularly important in order to guarantee that our low-income veterans are able to provide a Thanksgiving meal and a Christmas holiday to their families."

Smith, an East Providence resident originally from Columbia, South Carolina, looks around the pantry at the remaining canned goods. He sees a small fraction of a Thanksgiving meal (the canned vegetable side dish), but little else.

"We're starting to gather the Thanksgiving items," he said, rearranging a few cans.

"We need stuffing, cans of pumpkin pie filling, canned meat — that's huge, we need a lot of canned meats — cake mixes, dried milk," Smith explained. We need items that don't need refrigeration; shelf-stable and dry goods."

Smith joined the U.S. Army immediately after graduating from high school in 2002. While serving more than six years as a Military Policeman, Smith was stationed in Virginia, Germany and eventually deployed to Baghdad, Iraq, from 2006-08 with the 1st Infantry Division, 2nd Brigade Combat Team Cavalry Scouts. He reached the rank of specialist E-4 (the highest rank attainable for junior enlisted recruits).

In 2008, Ty served as a Subject Matter Expert for the Virtual Army Experience, a mobile video game simulation, while working on his Associates Degree from Bristol Community College (BCC) in Fall River, Massachusetts, according to his biography on the staff section of the OSDRI website. He earned his degree at BCC and then transferred to Brown Univer-

sity, earning his Bachelor of Arts in English.

Prior to landing the job at OSDRI, Smith served as U.S. Senator Sheldon Whitehouse's Veterans Affairs Coordinator.

He has a wealth of experience and has encountered countless vets both stateside and in the theater of war. Smith acknowledges, however, that some veterans face their toughest battles after returning home and re-entering society. Assimilation can be near impossible on an empty stomach. The holidays can also be an emotional time of the year for everyone, veterans included.

A few bags of groceries and maybe a gift card to a local supermarket can relieve a huge amount of holiday stress for a veteran in need.

OSDRI is seeking individuals and organizations willing to contribute gift cards and food items between 8:30 a.m. and 4:30 p.m., Monday through Friday at their headquarters, 1010 Hartford Ave., Johnston.

"Our goal is to collect enough food and gift cards by Veterans Day in order to ensure that the veterans we serve can enjoy the holiday season without the stress of having to figure out how to put food on their tables," Wallin said.

OSDRI is seeking the following food items: canned vegetables, cranberry sauce, gravy, stuffing mix, boxed dessert, and gift cards to local supermarkets.

Gift cards, however, can be easier to distribute and provide veterans with more, sometimes fresher, options.

"If you can't donate food, gift cards are perfect," Smith said. "They provide ultimate flexibility."

Over the years, Smith has done his best to help reach the region's veterans in need. He's helped many get food when they're concerned — maybe they earn too much money or didn't deploy for combat.

"We're here to help," he said. "Soon these shelves will be full again."

Senior Enrichment Center news

Cranston Senior Enrichment Center
1070 Cranston Street
Cranston, Rhode Island 02920
401-780-6000

Our programs assist, inform, entertain, and enrich the lives of individuals 55 years and older.

Medicare-Medicaid Clinic
Nov. 10 – 9:30 a.m. to 11 a.m.

This clinic is available to assist you with understanding your health choices.

Narragansett Bay Military Activities in WWII
Nov. 10 – 10 a.m.

Did you know that RI was a huge contributor to the war effort? All over the state! Did you have relatives who served? This presentation covers all the activity that took place in what may have been Rhode Island's finest hour.

Wellness Day!
Nov. 14 – 10 a.m. to 2 p.m.

J&W University Occupational Therapy Program

Six stations: Fall Prevention, Adaptive Equipment, Mental Health, Energy Conservation Techniques, Home Safety Ideas, and Sleep Hygiene & Routines...

Occupational students and faculty will guide you through these stations that will provide screenings, education, and re-

sources. Be sure to stop by for this very important free Wellness Day!

Shoulder, Hip, Knee Surgery
"Curious About Joint Replacement or Spine Surgery?"

Nov. 15 – 6 p.m. to 7:30 p.m.
South County Health

Meet a panel of globally-recognized Ortho Rhode Island surgeons who perform knee, hip, shoulder and spine surgeries. Join us at this free community seminar to learn more about joint replacement surgery and general orthopedic care from Ortho Rhode Island surgeons. To register, please call 780-6000.

Stress During the Holiday Season
Nov. 16 - 10 a.m.

URI Pharmacy Outreach Program

There are many dynamics that can make the holidays stressful: stress due to orchestrating a perfect family celebration, holiday bills, losses due to divorce or death in the family, crowded social calendars, etc. Join us to learn how to recognize and handle these holiday stresses.

To learn the latest news from the Center, follow us on

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Website: www.cranston senior center.com

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- Eyewear benefit**
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- Rewards program**
Annual rewards by completing certain healthy activities

\$0

MONTHLY PREMIUM PPO PLANS WITH DENTAL

Oak Street Health (Warwick)
300 Quaker Lane
Warwick, RI 02886
Monday, Nov. 14th, 2022 @ 1:30PM
Monday, Nov. 28th, 2022 @ 1:30PM

Chelo's Providence
505 Silver Spring Street
Providence, RI 02904
Thursday, Nov. 10th, 2022 @ 3:30PM

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Wed., Nov. 9th, 2022 @ 10:30AM & 1PM & 6PM
Thursday, Nov. 10th, 2022 @ 9AM
Monday, Nov. 14th, 2022 @ 10AM
Wednesday, Nov. 16th, 2022 @ 4PM
Monday, Nov. 21st, 2022 @ 10AM
Monday, Nov. 28th, 2022 @ 10AM
Tuesday, Nov. 29th, 2022 @ 4PM
Wed., Nov. 30th, 2022 @ 10:30AM & 2PM & 5:30PM
Monday, Dec. 5th, 2022 @ 10AM & 3PM
Wed., Dec. 7th, 2022 @ 10:30AM & 2PM & 5:30PM

Your UWM Local Medicare Team
401-331-7600 (TTY: 711)
9:00 AM - 7:00 PM ET, Mon. - Fri.
9:00 AM - 7:00 PM ET, Mon. - Fri.
A licensed agent will answer your call.
healthcare@universalwm.com
www.universalwmhealthcare.com

*These providers and/or pharmacies will be a provider in our Medicare Advantage network in 2023. They may also contract with other plans. Aetna Medicare is a HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. Plan features and availability may vary by service area. We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options. For accommodation of persons with special needs at meetings, call 1-833-258-3132 (TTY: 711). Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.



CELEBRATING OKTOBERFEST: Lucy Juicy's Shawna Gierhart and her son Sterling Louro at Oktoberfest.



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Welcome to Oktoberfest

Pawtuxet Village's Lucy Juicy and Doomed Records held its first Oktoberfest on Oct. 29 in their parking lot. With pumpkin painting for kids and cookie decorating, families had fun while listening to music provided by a local DJ. There were also Tarot card readings from the Queen of Bones and vintage gaming consoles which individuals could take a look at.

The plant-based event included a delicious selection of food and drinks such as chili, bratwurst, apple cider and beer samples from Cork and Brew. Between 250 and 300 people attended. (Submitted photos)



ENJOYING AN OUTING: Tina Lanouette and her daughter Amelia at Oktoberfest in Pawtuxet Village.

Elves for Elders



A program coordinated by Seniors Rule to obtain gifts for seniors in facilities across RI who may not receive a gift for the Holidays

The tree located at customer service has stars with a senior's first name, gift request and size

Pick a star, purchase the gift, and return it to customer service with an appropriately sized gift bag.

Warwick Mall | 400 Bald Hill Rd. Warwick RI

♥ Nov 1 – Dec 11 ♥

All eyes on Warby Parker

Lens store opens at Garden City Center

By EMMA BARTLETT

New stores keep popping up across Garden City Center, with the latest installment being Warby Parker at 39 Hillside Road, #9013. The eyeglass store opened Nov. 5 and seeks to inspire and impact the world with vision, purpose and style.

"Wherever and whenever you need it, we're there to make exceptional vision care simple and accessible," said Warby Parker in a recent release.

Warby Parker was founded in 2010, opening its first storefront in 2013. Currently, there is one other Warby Parker store in Rhode Island located on Thayer Street in Providence.

"Our goal is to always meet our customers where they are and we're thrilled to continue expanding our retail presence in Rhode Island. Garden City Center has been a staple in the Cranston community for decades and we're so happy to join this center and make it even more convenient for our Rhode Island customers to access affordable, holistic vision care," said Warby Parker Senior Vice President of Retail Sandy Gilseman.

Every Warby Parker location is equipped with a reference desk where customers can consult with employees for styling advice, pick up orders, frame adjustments and more. The store has a range of lens types for eyeglasses and sunglasses including light-responsive, blue-light-filtering and anti-fatigue and progressives.

"We offer everything you need for happier eyes at a price that leaves you with money in your pocket," read the release.

Light-responsive lenses are offered in three colors (grey, brown, and green). Individuals shopping for prescription sunglasses can customize their lens color in grey, green, violet and more.



NICE TO SEE YOU: Warby Parker opened Nov. 5 at Garden City Center. The store has a wide variety of lens options for customers and glasses accessories. Individuals can also make eye appointments with them. (Submitted photo)

own contact lens brand, Scout by Warby Parker and has dozens of top contacts brands including Acuvue, Biofinity and DAILIES. The store also sells eyewear accessories including eyewear pouches, cases and Warby Parker's Clean My Lenses Kit with Anti-Fog Spray.

For every pair of glasses or sunglasses sold, a pair of glasses is distributed to someone in need through Warby Parker's Buy a Pair, Give a Pair program. As of 2022, over 10 million pairs have been distributed.

The interior artwork is unique to each Warby Parker store and the company often collaborates with artists who have a personal connection to the city or town where Warby Parker is opening. For the Garden City Center location, Warby Parker partnered with local artist and Rhode Island School of Design graduate Anthony Russo. He is a freelance illustrator and his clients include The New York Times, Washington Post, Boston Globe, The New Yorker, Rolling Stone, Esquire, LA Times, Random House, Harper Collins and more. His illustrations have been showcased in Communication Arts, American Illustration, Society Of Illustrators,

Print and Graphis and has won numerous awards.

Warby Parker's full collection of eyewear and contacts are available to shop online or with the Warby Parker app. You can see yourself in your favorite frames through our Home Try-On program (take a quiz to find five frames to try), as well as our Virtual Try-On tool in the Warby Parker app (try on glasses wherever, whenever with an iPhone X and above). If you need help finding your fit, the store's app offers a tool to assist in selecting the best width from available sizes.

This location also offers eye exams for a new prescription and comprehensive eye health check with an expert optometrist. Or, if you're eligible, you can use our Virtual Vision Test app to renew your glasses or contacts prescription from home. All you need is an iPhone 6s or above. If you have vision insurance, an FSA, or an HSA, chances are you can use it toward eyeglasses, prescription sunglasses, contact lenses, eye exams, and even select accessories.

The store is open Monday through Saturday from 11a.m. to 7 p.m. and on Sunday from 11 a.m. to 6 p.m.

EXPLORE YOUR OPTIONS



Medicare Annual Election Period is from October 15 to December 7

Learn more about your Medicare options. Join me for a virtual or in-person meeting. An RSVP is required for virtual and in-person events.

CRANSTON, RI
Alpine Country Club
251 Phippen Orchard Road
Thurs. Nov. 10th @ 5:30PM

CRANSTON, RI
Universal Wealth Management
945 Reservoir Avenue
Tues. Dec. 6th @ 10:30AM
Tues. Dec. 6th @ 2:30PM
Tues. Dec. 6th @ 5:30PM

CRANSTON, RI
Universal Wealth Management
945 Reservoir Avenue
Tues. Nov. 8th @ 10AM
Tues. Nov. 8th @ 1PM
Tues. Nov. 8th @ 5:30PM
Fri. Nov. 11th @ 1PM
Mon. Nov. 14th @ 5:30PM
Tues. Nov. 15th @ 10:30AM
Tues. Nov. 15th @ 2PM
Tues. Nov. 15th @ 5:30PM
Fri. Nov. 18th @ 1PM
Sat. Nov. 19th @ 10AM
Mon. Nov. 21st @ 1PM
Tues. Nov. 22nd @ 10:30AM
Tues. Nov. 22nd @ 2PM
Tues. Nov. 22nd @ 5:30PM
Thurs. Dec. 1st @ 10AM
Fri. Dec. 2nd @ 1PM

EAST GREENWICH, RI
East Greenwich Public Library
82 Pierce Street
Tues. Nov. 22nd @ 10AM

NORTH SCITUATE, RI
North Scituate Public Library
606 West Greenville Road
Wed. Nov. 9th @ 4PM

PROVIDENCE, RI
Chelo's Providence
505 Silver Spring Street
Thurs. Nov. 10th @ 11AM

WARWICK, RI
Warwick Public Library
600 Sandy Lane, Room 113
Fri. Nov. 18th @ 10AM

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A sales person will be present with information and applications. For accommodation of persons with special needs at sales meetings, call the phone number above. For virtual events, you will receive information about how to join online once we receive your RSVP. When attending in-person events, all staff and guests are required to follow state and federal COVID-19 safety guidelines.

City
(Continued from page 1)

In Ward 2, Democratic incumbent Aniece Germain defeated Republican candidate John Colasante. Germain was appointed to the council in 2020 (filling the remainder of Paul McAuley's term) and later ran to ensure every person in the city has the same opportunity for a better life. Some of her past work on the council includes a resolution requesting American Rescue Plan Act funds be used to repair the Budlong Pool, stop sign requests and a resolution recognizing September 2022 as Sickle Cell Awareness Month. In October, Germain introduced an ordinance on overnight street parking. While the ordinance was withdrawn, she's continued to look for a solution to the city's overnight parking predicament.

Cranston voters favored Democratic incumbent John Donegan who went against Republican candidate Jason Case. Donegan has served on the council since 2018 and has been an advocate for a splash pad in Ward 3, a crosstown R.I.P.T.A. route along Park Avenue and sponsored a resolution naming the first Friday in June as National Gun Violence Awareness Day. He has also been working on a safe occupancy ordinance to ensure that all rental units in the city are up to code and proactively inspected.

Three candidates sought the Ward 4 seat with Republican incumbent Richard Campopiano landing the victory. Campopiano ran against Democratic candidate Peter Rivelli and independent candidate Michael Farina. Campopiano was appointed to the seat back in September of 2021 after Ed Brady resigned. During his time on the council, Campopiano sponsored a rooster ordinance that allows homeowners to keep one rooster in a coop and fenced-in area on their property that is no closer than 150 feet to the dwelling of any abutter. He recently co-sponsored an ordinance with Council President Chris Paplauskas renaming the Oak Lawn Gazebos in honor of Meri R. Kennedy who passed but

was actively involved in Cranston's community.

Republican candidate Chris Paplauskas and Democrat candidate Larry Warner vied for the Ward 5 seat with Paplauskas winning the majority of residents' votes. Paplauskas has been on the City Council for the past eight years – making history in 2014 as the first Republican elected to the Ward 5 seat. He currently serves as council president and has focused his time on community engagement, establishing traditions and staying true to the motto 'making Cranston better – together.' Paplauskas created the annual Knightsville Christmas Tree Lighting, organized an annual clean up at Meshanticut Park and has sponsored an ordinance on a tax exemption for disabled military veterans.

Matthew Reilly and School Committee chairman Daniel Wall competed for the Ward 6 seat. Reilly proved victorious. Reilly joined the council in 2020 and ran on the platform of maintaining financial stability and focusing on the fundamentals of government. Over the past two years, Reilly has worked to clean up the city code and has co-sponsored numerous ordinances and resolutions including one on marijuana consumption in public spaces, and – most recently – a resolution calling on Governor Dan McKee to drop his proposal to build villages of pallet housing for the homeless at Cranston's Pastore Complex.

The three citywide candidates who will represent Cranston residents in the upcoming 2023-2025 term include Democratic candidates Jessica Marino and Robert Ferri and Republican candidate Nicole Renzulli – all of whom were incumbents. Republican candidates James Donahue and Thomas Trudell and Democratic candidate Robert Wilson did not win the vote. Some of Renzulli's recent work includes sponsoring a resolution recognizing October 2022 as domestic violence awareness month within the city, co-sponsoring a resolution on pallet housing and co-sponsoring a resolution on the consumption of marijuana in public spaces. Ferri stepped onto the stage as a Republican candidate and de-



HUGS: Ward 1 council candidate Lammis Vargas receives a hug from Richard Santa Maria for winning the Ward 1 seat. (Herald photo)

clared earlier this year that he would run his 2022 campaign as a Democrat. During his time on the council, Ferri has advocated for crossing signals on the bike path, ensuring playgrounds are in good condition and keeping an eye on city spending. Marino introduced and passed a law requiring all city council meetings be video recorded and made accessible online and inquired about Cranston's potential participation in the RI Community Septic System Loan Program and the RI Sewer Tie-In Loan Program.

School Committee races

Two races in the School Committee race ran uncontested with Michael Traficante taking the citywide seat and Frank Ritz taking the Ward 4 seat. Traficante has been a member of Cranston's School Committee for the past 18 years. Prior to that, he served as Cranston's mayor and on the City Council. Ritz is new to the Ward 4 seat – replacing former police chief Kenneth Mancuso.

In Ward 1, candidate Jeffrey Gale withdrew from the race to focus his attention on the company he is building from the ground up. Because the November ballots had already been printed, Gale's name remained on the sheet. Gale and Keith Catone vied for this seat back in June of 2022 when Sara Tindall-Woodman resigned from the position in April. After hearing from three candidates, the School Committee appointed Catone to the Ward 1 position. Catone won Tuesday's election.

Ward 2 saw a race between incumbent candidate Kristen Haroian and Christopher Maxwell. Haroian was victorious; she was first appointed to the Ward 2 seat in 2019.

Incumbent Domenic Fusco faced former City Councilman Paul Archetto with Fusco taking the victory. During Fusco's time on the School Committee, he has worked with the administration to ensure proper funding for programs and was part of a committee ensuring summer programs coming out of the pandemic.

Tera Norberg and Arthur



CAMPAINING: Thomas Trudell outside Hope Highlands Middle School campaigning on Election Day. (Herald photo)

Scavitti fought for the Ward 5 seat with Norberg being victorious. Norberg has served on the Stone Hill Elementary PTG (parent teacher group) Executive Board since 2014 and is currently the PTG President.

In Ward 6, Anthony Melillo and Dylan Zelazo ran for School Committee with Melillo winning. School Committee Chairman Daniel Wall decided to not run

for reelection in order to run for the City Council Ward 6 position. Melillo has spent 17 years as a successful Food Service Director for Cranston Department of Senior Services; he created several intergenerational programs with senior citizens and Cranston Public School students and developed department budgets.



RESULTS: Citywide candidate Jessica Marino looks at election results on her phone. (Herald photo)

CD2
(Continued from page 1)

started clearing out. Even some of the news media that had camped in front of the podium bearing Fung's banner drifted away. Fung's mother, who had a front row seat had left. By 10:22 the State Board of Elections was reporting Fung with 47 percent of the votes and Magaziner with 50.1 percent. With 98 percent of the state's polling places reporting, Fung was trailing by 6,097 votes.

Pagliarini was crestfallen not only because Fung, a Republican and a friend, had lost but because the state had missed an opportunity to offset Democratic control. "It's healthy for our democracy," he said. Had Fung won he said it would have been an historical moment not seen in the state for the past 30 years.

"In Rhode Island when the Democratic Party coalesces it's very difficult to break them," he said. Former Mayor Michael Traficante joined in the conversation. He was appalled that Fung's margin in Cranston was about 500 votes. Pagliarini agreed that was weak and speculated had there been mayoral races in Cranston and Warwick the results might have been otherwise.

Fung's lasting mark on Cranston

Fung, 52, grew up on the south side of Providence and graduated from Classical High School. As the first in his family to graduate from college, Fung earned a Bachelor of Arts in political science from Rhode Island College and furthered his education at Boston's Suffolk University Law School. Before his public servant career, Fung worked as a criminal prosecutor in the Narcotics and Organized Crime Unit of the RI Attorney General's Office and later the Government Affairs Counsel for MetLife.

Fung was first elected to Cranston's City Council in 2003 as a citywide candidate and served on the elected body until 2007. In

2008, Fung was elected as mayor – beating Democrat Cynthia Fogarty with 63 percent of the vote. According to Fung's website, he ran in Cranston's mayoral election because he saw his beloved city heading down the wrong path and knew he could help right the ship. He maintained the mayoral position for 12 years until he could not run again due to term limits. Over the course of his time running for mayor, Fung earned a greater percentage of Cranston's vote in each election, up until the 2016 election. In 2010 against Richard Tomlins, Fung earned 76.3 percent of the vote and – when he ran unopposed in 2012 – 97.2 percent of voters favored him. In 2016, Fung faced Michael Sepe and took 68.2 percent of the vote.

In Cranston, Fung led the city to its highest bond rating in over two decades, increased business development by over \$110 million and added over 4700 new jobs during his tenure. He also negotiated pension reforms and worked with the local public schools.

In terms of public safety, Fung started the first police detail program to monitor and protect children at schools and ensured funding for the city's school resource officers. He also worked in Cranston to expand community policing and opening substations in senior manors in Edgewood and Knightsville.

Fung took his ideas to the state level when, in 2014 and 2018, he ran for governor as the Republican nominee; he lost to Democrat Gina Raimondo both times in the General Election. After serving as Cranston's mayor, Fung returned to practicing law. Earlier in the year when Democratic Rep. Jim Langevin announced his retirement, Fung decided to run for the CD2 seat – looking to bring a Republican into the position after the Democratic Party has held the seat for the last three decades.

Magaziner's presence in District 2

Magaziner, 39, is a lifelong Rhode Islander who has served as Rhode Island's General Treasurer



LAST MINUTE CAMPAINING: Seth Magaziner campaigning on Election Day with his team. (Submitted photo)

since 2015. In this position, he delivered results for the second congressional district by investing in education, job creation and clean energy infrastructure. He also served as the chair of the state's school building task force and led a statewide school construction initiative that created over 28,000 jobs and repaired or replaced over 200 schools like Garden City Elementary School in Cranston and the soon-to-be-completed combined elementary school in Johnston. He also launched innovative clean energy financing programs that have helped cities and towns build out solar, wind and climate resiliency projects, saving taxpayers money and reducing fossil fuel emissions.

Over the last eight years, he helped pass the Reproductive Privacy Act in 2019 that codified the protections of Roe v. Wade into state law, as well as gun measures like banning guns on school grounds and a red flag law to take guns out of the hands of domestic abusers.

Formally endorsed by Langevin

for the CD2 seat, Magaziner won the Democratic primary with 54 percent of the vote. The next candidate to follow was David Segal with 16.2 percent of the vote. In the race, Magaziner had five opponents.

Campaign focus points

Fung's platform focused on curbing inflation, lowering the cost of living, fighting for low energy costs, restoring energy independence and modernizing the supply chain. He also advocated for getting to the root of criminal behaviors, such as poverty, mental health issues and dependency.

"We need to address these issues by being active and present in our community and advocating for common-sense bipartisan initiatives," reads Fung's website.

During his campaign, Fung spoke of improving the ability to provide mental and physical support for veterans as well as improving rehab technologies for those who need upgraded prosthetics or burn care from injuries

sustained in conflict. For veterans, Fung also sought to increase access to housing vouchers and improved preference in HUD apartment complexes.

Magaziner's platform included building a stronger economy, lowering costs, having public health and pandemic preparedness, making healthcare more affordable, protecting social security and Medicare, defending reproductive rights, ending gun violence, lowering cost of energy and combating climate change, protecting democracy and strengthening America and supporting veterans.

He also advocated for helping Rhode Islanders keep up with the cost of living by protecting Social Security and Medicare, lowering the price of prescription drugs and returning big oil company profits back to consumers. One of the key points in his campaign was that he would stand up for a woman's right to make her own healthcare decisions and pass common-sense gun safety legislation.

EDITORIAL

Ten years of truly serving veterans

In a world where it seems we can hardly agree on anything – and particularly amidst a political season where our worst tribal qualities are on all too apparent display – it is nice to be reminded now and again that sometimes we are able to pull together something meaningful and worthy of celebration.

Honor Flights are such an endeavor, and we are fortunate in this state to have such a dedicated team of volunteers and generous organizations to help pull them off.

It all starts at the top, from the program's originator in Rhode Island, George Farrell. Inspired after seeing one of these flights at the Baltimore/Washington Airport a little 12 years ago, Farrell has turned that inspiration into a sustained movement, resulting in 27 flights in 10 years of operation, ferrying hundreds of service members to Washington to get a chance to see monuments dedicated to their service, and memorials dedicated to their friends and brothers-in-arms who served with them.

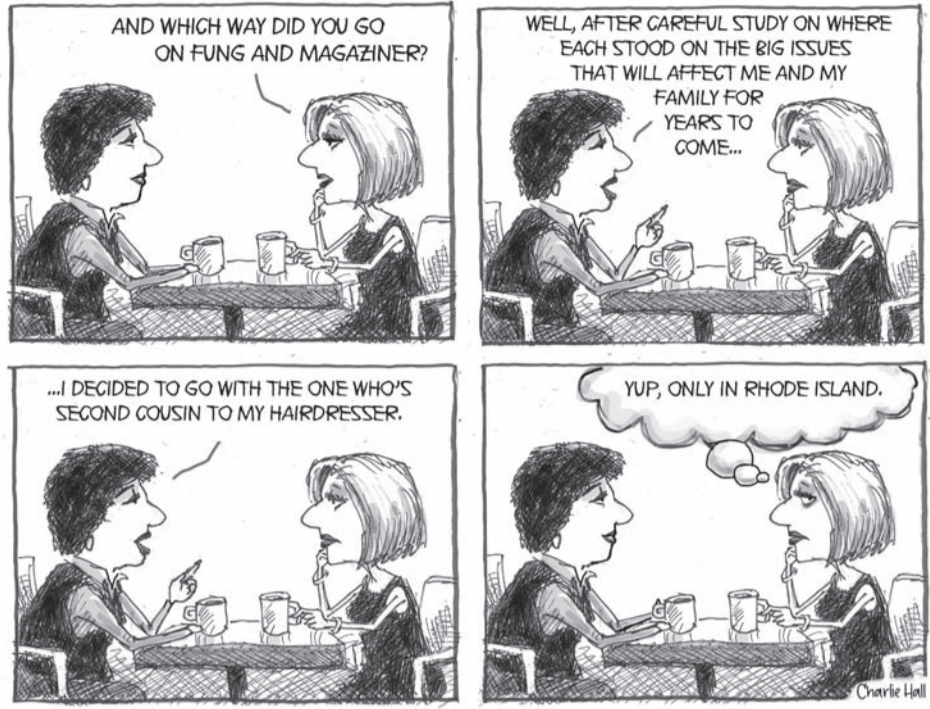
There is no denying that the nation has a lot of healing to do when it comes to how we interact and work with one another. Our very institutions are under threat from agenda-driven groups who seek to undermine or deny the integrity of elections that these veterans fought so bravely to protect. Farrell,

and the group of volunteers and donors who help make these amazing flights happen, do the country proud by honoring our best, most important values – respect and admiration for those who sacrificed their own safety and freedom to help ensure we have safety and freedom ourselves.

Some of these veterans are approaching 100 years old, or have eclipsed that number. For some of them, this will be their final, or their only trip to see these memorials and monuments erected in their honor. It is not something done out of any ulterior motive but to provide a chance for meaningful reflection to those men and women, for what was undoubtedly an incredibly important and formative experience in their lives.

Truly, it is difficult to navigate today's world without some inner sense of cynicism. Somebody is always trying to profit, or negotiate power in order to exert influence over others, it seems. But with Honor Flights, we can rest assured that this is a mission of pure heart and intent, and the results on the people who undergo the journey speaks for itself.

With Veterans Day on the horizon, it is worth taking a moment to reflect on this amazing program, and to consider donating time or funds to this wholly American, wholly worthy cause.



Humans of Cranston

Humans of Cranston is a recurring column showcasing the stories of Cranston residents' community involvement, diversity and unique life perspectives.



BRADY

Ed Brady is the co-owner of the Historic Park Theatre and Event Center (theparkri.com) and the co-founder of Dig In Dining and Entertainment. Brady and his wife recently welcomed their first child into the world.

"My name's Ed Brady and I grew up here in Cranston. Both parents worked really hard to give me every opportunity to succeed. My mom was a nurse and my dad was a stay at home dad. I went to Bryant University and went to school here in Cranston. After Bryant, I moved out to LA for two years and started working on red carpet events, meeting celebrities, backgrounds on sets, really enjoying the entertainment aspect of the world and interned for a magazine company out there. Eventually my mom got sick and I moved home and started selling copy machines, but I knew that wasn't my forever; it was a way to help out while I was at home.

I started my first company called 401 within a year. It was an entertainment-based nightlife magazine/lifestyle brand that was right around when Facebook and Myspace were pretty popular. An initial investor essentially said 'if you want to open your own place, let me know' We ended up working it out and opening our first place which led to the Thirsty Beaver in Cranston We believe food and hospitality can rally communities behind investments; we're proud that we can go into these communities and help organizations raise money for their nonprofits or school fundraisers or for whatever it may be. Throughout the process of scale and growth, I – Ed Brady – have really taken a liking to giving back and it's become kind of everything that I'm about. We all have good days, we all have bad days but giving seems to be the universal feeling or, for me, what drives me forward.

At some point in that process, Allan Fung was the mayor and a seat became available in the City Council; it certainly was not anything I had ever studied or ever woken up as a kid thinking 'I want to be a public servant or a politician.' I said no and he came back and asked me again and he said 'if you lead with your community mindset and your giving spirit, then it doesn't matter if you're an Independent, Republican or Democrat.' I gave it some thought (it was a six month term) and I said, 'what do I have to lose for six months? It's a learning experience, and I think I can give back.' I enjoyed it and decided I wanted to run again. I'm really proud of the work I did getting both parties to get along and come together on so many different issues. If you look back, historically every time I served there were more 9-0 votes or 8-1 votes or both sides

kind of just vibing and understanding each other's perspective. In my opinion, in community government that's exactly how it should be.

[The impact Cranston's community has had on my life is] everything; my coaches, my teachers, the people who invested in me early in the process in high school and when my mom was going through cancer. Even the mayor at the time was my athletic director. He was a coach, someone to go to and be vulnerable with at an early point in the process and get you back on the right track when you have anger and issues like that This [Cranston] is home. So, I guess the mantra, the mission, the everyday getting out of bed feeling, is 'how can I figure out a way to continually collectively bring people here – not only in our city but in our small state – to just come out of this pandemic, create together, figure out ways to kind of unbreak all of ourselves.' I know I'm an optimist, I believe in positive growth. I'm not saying I don't deny all the negative effects of the world and the things I've learned, but I choose positivity I didn't know I'd fall this much in love with Cranston. I've been fortunate enough to live in other areas of the world, but something about this community, this city, is just special. And I don't know how else to say it other than while we're here – if we've all chosen this as our home – why not continue to work together to make it the best home that we can?"

This project has been made possible by a Rhode Island Foundation Community Grant, and the efforts of the OneCranston Health Equity Zone of Comprehensive Community Action, Inc. in partnership with the Cranston Herald and Timothy McFate. Want to nominate a Cranston resident to be featured? Email JB at jfulbright@comcap.org.

Deer me, cheap insurance

To the Editor,

I read your latest article on cars versus the local fauna (DEM reported 91 Warwick deer crashes last year) and I have just a few points to address.

Automobiles and animals will always be in competition for the right of way. It is a sad reality that so many innocent critters are killed on American roads every year. Most are unavoidable, others avoidable, but it happens nonetheless.

Regarding the local deer population, accidents are often avoidable with the right equipment. Enter deer whistles. They are available at auto and hardware stores and online.

They work above 30 mph. A frequency is emitted near that of a dog whistle and it cannot be heard by human ears. There are two

different pitches that work together to get their attention.

Here's an anecdotal story. Some years ago I was driving across Jamestown on 138 on a Sunday morning about 8 a.m. toward Newport when I noticed three deer grazing on the right shoulder. When I drove up towards them, they looked up... and froze! I have never seen that behavior before.

They heard my deer whistles mounted on the front bumper of my car and, thankfully, the four of us continued doing what we were doing without incident.

In my estimation, they do work. Odd that AAA (which referenced the DEM report on deer crashes) didn't mention that alternative. As they used to say, "it's cheap insurance."

Jim Morgan
Warwick



Helping veterans live their healthiest, happiest lives

By ANA STANKOVIC, MD

Veterans Day is Friday, November 11, 2022, a time to express our gratitude to the women and men who have proudly served in the military to preserve our freedoms. For many Americans, the holiday can mean a parade down Main Street or a day of shopping Veterans Day sales, but for millions of veterans it can be another day struggling with a serious health issue tied to their service.

While there are more than 18 million U.S. veterans approximately 200,000 leave active duty each year. The irony of veteran health is that upon entering service, most are at the peak of health and fitness; however, after leaving the service some veterans can face a myriad of health issues such as post-traumatic stress disorder (PTSD), the effects of traumatic brain injury (TBI), musculoskeletal injuries, mental health challenges, and illnesses as a result of environmental exposure.

Veteran health issues are complex and they are driven by many factors including age, race, gender, if the veteran saw combat or not, the geographic location where the veteran served, and the conflict itself. For example, according to the U.S. Census, 2019 American Community Survey, those who served in the past 20 years, post 9/11, have a 43 percent chance of having a disability connected to their time in the military. Veteran statistics on PTSD vary based on the era in which the veteran may have served. Eleven to 20 percent of

Operations Iraqi Freedom and Enduring Freedom have PTSD in a given year, Gulf War veterans, 12 percent, and it's estimated as high as 30 percent of Vietnam veterans have had PTSD in their lifetime.

Each veteran's health profile is unique and working as a team with the individual, health care providers can devise a strategy to meet the patient's health needs. To help veterans live their best lives and improve their health we take an approach of healthy living practices and prevention. The U.S. Veterans Administration offers the following evidence-based recommendations:

- Get high quality sleep each night and seeking help for sleep difficulties
- Keeping your recommended screenings and immunizations up to date
- Being active in your health care and working with your healthcare team to meet your specific needs
- Managing stress
- Cutting out tobacco use
- Limit alcohol use*
- Taking measures to protect yourself and family from harm and injury, including self-harm or domestic abuse
- Maintaining a healthy weight and eating right
- Staying physically active**

*OPTUM DISCLAIMER: If you do not drink, it is not recommended that you start drinking alcohol. If you choose to drink, do so only in moderation. Drinking too much can harm your health.

**OPTUM DISCLAIMER: Talk with your doctor be-

fore significantly increasing your activity level. Ask about the amounts and types of activities that may be best for you.

Veterans Day is a day to honor those who answered the call, and it can also be used as a reminder to our veterans that help is out there whether their wounds are physical or in the form of mental health challenges, or both. If you are a veteran or take care of someone who served, it's important to take an active role in your health with your health care provider. ***

***OPTUM DISCLAIMER: If you have thoughts of hurting yourself or others — or you know someone having those thoughts — seek help right away. If you or someone you know is in immediate danger, call 911 — or go to the closest emergency room. To reach a trained crisis counselor, call the 988 Suicide & Crisis Lifeline (previously known as the National Suicide Prevention Lifeline) at 988 or 1-800-273-TALK (1-800-273-8255). You may also text 988 or chat at 988.lifeline.org. The lifeline provides 24/7 free and confidential support. *

* The Lifeline provides live crisis center phone services in English and Spanish and uses Language Line Solutions to provide translation services in over 250 additional languages for people who call 988.

Ana Stankovic
MD Chief Medical Officer, UnitedHealthcare of New England

Mom beat Allan to the polls



This was the morning of the big day when Rhode Island Second Congressional District voters would send Allan Fung or Seth Magaziner to Washington. The news media was alerted as to when Allan and his wife Barbara Ann Fenton Fung would arrive at Hope Highlands Middle School. Camera crews and reporters were ready as Allan, his tie flying, and Barbara Ann arrived. His mother, Can Ping was already stationed at a prime location and Cranston Mayor Ken Hopkins wished him success. After talking with reporters, the couple entered the school and identified themselves in order to obtain ballots. Then it was on to voting and submitting their ballots before resuming the Election Day swing and allowing time for Jon Nelson to snap a photo of his daughter Aubrey and the candidate. (Cranston Herald photos)

How Cranston, state voted in General Election

Candidate	Votes in Cranston	Votes in RI
CONGRESS DISTRICT 2 (CD2)		
Republican		
Allan W. Fung	14701 50.8%	92721 47%
Democrat		
Seth M. Magaziner	13768 47.6%	98818 50.1%
Moderate		
William H. Gilbert	448 1.5%	5338 2.7%
GOVERNOR		
Democrat		
Daniel J. McKee	15138 55.3%	159362 56.1%
Republican		
Ashley Marie Kalus	11433 41.8%	115599 40.7%
Independent		
Zachary Baker Hurwitz	331 1.2%	3626 1.3%
Paul A. Rianna, Jr.	211 0.8%	2469 0.9%
Libertarian		
Elijah J. Gizzarelli	185 0.7%	2276 0.8%
LIEUTENANT GOVERNOR		
Democrat		
Sabina Matos	13116 48.4%	138527 49.3%
Republican		
Aaron C. Guckian	12938 47.7%	127050 45.2%
Independent		
Ross K. McCurdy	1000 3.7%	14901 5.3%
SECRETARY OF STATE		
Republican		
Pat V. Cortellessa	11960 44.4%	117919 42.3%
Democrat		
Gregg Amore	14955 55.5%	160388 57.5%
ATTORNEY GENERAL		
Democrat		
Peter F. Neronha	16060 59.2%	166717 59.5%
Republican		
Charles C. Calenda	11004 40.6%	113139 40.4%
GENERAL TREASURER		
Democrat		
James A. Diossa	13926 51.6%	146415 52.5%
Republican		
James L. Lathrop	13011 48.2%	131990 47.3%

State Questions: How Rhode Island voted

Question 1: University of Rhode Island Narragansett Bay Campus - \$100,000,000 for repairs and to construct new facilities on the University of Rhode Island's Narragansett Bay Campus in support of the educational and research needs for the marine disciplines.

Approve	154319	56.8%
Reject	117517	43.2%

Question 2: Rhode Island School Buildings - \$250,000,000 to provide funding for the construction, renovation and rehabilitation of the state's public schools.

Approve	198926	72.7%
Reject	74560	27.3%

Question 3: Green Economy Bonds - \$50,000,000 for environmental and recreational purposes, to be allocated as follows: Municipal Resiliency, \$16,000,000; Small Business Energy Loan Program, \$5,000,000; Narragansett Bay and Watershed Restoration, \$3,000,000; Forest Restoration, \$3,000,000; Brownfields Remediation and Economic Development, \$4,000,000; State Land Acquisition Program, \$3,000,000; Local Land Acquisition Matching Grant Program, \$2,000,000; Local Recreation Development Matching Grant Program, \$2,000,000; Roger Williams Park and Zoo, \$12,000,000.

Approve	178743	65.9%
Reject	92317	34.1%

How Cranston voted

Candidate	Votes in Cranston	Candidate	Votes in Cranston
Senator District 26 Republican			
Joseph A. Powers	3427 41.4%	Democrat	
Democrat			
Frank S. Lombardi	4828 58.4%	Robert Ferri 12416 18%	
Senator District 27 Democrat			
Hanna M. Gallo	7903 92.7%	Jessica Marino 14390 20.9%	
Senator District 28 Democrat			
Joshua Miller	5569 94.5%	Robert Wilson 10367 15.1%	
Senator District 31 Republican			
Lisa Morse	279 43.1%	Cranston City Council Ward 1 Democrat	
Democrat			
Matthew L. LaMountain	367 56.6%	Lammis Vargas 3799 95.7%	
Representative District 14 Democrat			
Charlene Lima	1903 94.5%	Cranston City Council Ward 2 Republican	
Representative District 15 Republican			
Barbara Ann Fenton-Fung	3831 91.7%	John Colasante 1988 43.8%	
Representative District 16 Republican			
Jason John Klas	1978 41.9%	Democrat	
Democrat			
Brandon C. Potter	2731 57.8%	Aniece Germain 2542 56%	
Representative District 17 Democrat			
Jacquelyn M. Baginski	3693 93.4%	Cranston City Council Ward 3 Republican	
Representative District 18 Democrat			
Arthur Handy	3038 94.3%	Jason Case 956 37%	
Representative District 19 Democrat			
Joseph McNamara	1587 95.8%	Democrat	
Representative District 41 Republican			
Robert J. Quattrocchi	1322 68.3%	John Donegan 1623 62.9%	
Democrat			
James S. Safford	609 31.5%	Cranston City Council Ward 4 Republican	
Representative District 42 Republican			
Harold K. Borders Jr.	630 49.6%	Richard Campopiano 2658 53.3%	
Democrat			
Edward T. Cardillo Jr.	634 50%	Democrat	
Cranston City Council Citywide Republican			
James Donahue	11293 16.4%	Peter Rivelli 1496 30%	
Nicole Renzulli	11955 17.4%	Independent	
Thomas Trudell	8274 12%	Michael Farina 826 16.6%	
School Committee Citywide (non-partisan)			
Michael Traficante 21488 97%			
School Committee Ward 1 (non-partisan)			
Keith Catone` 2454 64.5%			
Jeffrey Gale 1278 33.6%			
School Committee Ward 2 (non-partisan)			
Kristen Haroian 2782 73.3%			
Christopher Maxwell 951 25.1%			
School Committee Ward 3 (non-partisan)			
Paul Archetto 1104 47.3%			
Domenic Fusco 1199 51.4%			
School Committee Ward 4 (non-partisan)			
Frank Ritz 3838 97.5%			
School Committee Ward 5 (non-partisan)			
Tera Norberg 2119 49.8%			
Arthur Scavitti 2073 48.7%			
School Committee Ward 6 (non-partisan)			
Anthony Melillo 2835 67.2%			
Dylan Zelazo 1333 31.6%			

Local Bond Questions

Question 4: Shall two million dollars (\$2,000,000) debt of the City be incurred for the purpose of financing the acquisition of fire equipment by the City's Fire Department under Rhode Island General Laws Section 45-12-2 and an order of the City Council that became effective on June 30, 2022?

Approve	26636	78.5%
Reject	5642	21.5%

Question 5: Shall three million dollars (\$3,000,000) debt of the City be incurred for the purpose of financing the acquisition, construction, improvement, renovation, repair, and alteration of public buildings in the City under Rhode Island General Laws Section 45-12-2 and an order of the City Council that became effective on June 30, 2022?

Approve	15087	58.2%
Reject	10848	41.8%

Question 6: Shall three million five hundred thousand dollars (\$3,500,000) debt of the City be incurred for the purpose of financing the acquisition, construction, improvement, renovation, repair, alteration, and equipping of playgrounds and athletic fields in the City under Rhode Island General Laws Section 45-12-2 and an order of the City Council that became effective on June 30, 2022?

Approve	18434	70.4%
Reject	7746	29.6%

Question 7: Shall four million dollars (\$4,000,000) debt of the City be incurred for the purpose of financing the construction, improvement, renovation, repair, and alteration of roads, sidewalks, and other City infrastructure under Rhode Island General Laws Section 45-12-2 and an order of the City Council that became effective on June 30, 2022?

Approve	19776	75.8%
Reject	6305	24.2%

Amendments to Cranston Rule Home Charter Questions

Question 8: Shall an amendment to Section 3.07 of the Home Rule Charter of the City of Cranston, to allow notice to council members of special meetings to be sent via regular mail or email, be approved?

Approve	19709	76.8%
Reject	5963	23.2%

Question 9: Shall an amendment to Section 2.09 of the Home Rule Charter of the City of Cranston, to remove a requirement for duplicate hard copies of filings of campaign finance reports that are already publicly accessible online from the Board of Elections, be approved?

Approve	16374	64.3%
Reject	9082	35.7%

SOURCE: Results posted on the Rhode Island Secretary of State website, as of 10:00 p.m., Nov. 8, with 100 percent of precincts reporting.



STRIKE UP THE BAND: Signaling that members of Flight Thunderbolt held Oct. 15 are entering the terminal, George Farrell calls on the pipes and drums to play.

Farrell
(Continued from page 1)

two 100 year-olds or older, are up by 4 a.m. to rendezvous for a bus to get them to Rhode Island T.F. Green International Airport by 5:30 where they are given a boisterous sendoff by bagpipers and drummers and hundreds of people. They don't get back until 11 p.m., if not later, after a full day in Washington, arriving to another cheering crowd, albeit smaller.

"It's amazing what that one day does," says Farrell. He makes a point of telling veterans and those who serve as guardians, "It's going to change your life."

Farrell knows what he's talking about. It has changed his life, but more importantly he has seen it change the lives of veterans and their guardians.

Honor Flights have become a passion for Farrell. He laughs relating how his family recruits veterans for the flights and he always has a supply of application forms. The flights are free for the veterans. Farrell's goal is to get the vets safely to Washington and back, for them to see the war memorials and to be honored for the service they have rendered.

Thinking back to that inaugural Rhode Island flight, Farrell confesses, "I didn't know what was going to happen."

He knew one thing from having seen that flight two years

earlier in Baltimore.

"It became my personal mission," he said.

What he realized was that firefighters are "particularly well suited for this." He explains that firefighters are trained to respond to critical situations whether it be a call to help someone who may be having a heart attack, an accident or a fire. Firefighters are on the watch for the safety and well being of others and don't hesitate to step in when necessary.

There's more to it than the individuals, Farrell points out. It's the organization, the chain of command and procedures used by firefighters.

"Most of us have fire service command (experience)," he said.

Flight leaders have radios. Buses are named and rosters of those on each bus are checked. The medical needs of each veteran are established well before the flight leaves Rhode Island. (On the flight last month, three of the 42 veterans were on oxygen.) A medic accompanies every flight and wheelchairs are always available even though many veterans insist they don't need them.

"I have confidence of having the best team in Honor Flight," Farrell says without hesitance.

After being selected for a flight, veterans and their guardians gather for a meet and greet where they learn what will happen in the course of the day. Farrell personally makes a point to meeting

each veteran. He assesses if they "feel comfortable" with what they're going to do and gets to hear their stories.

"I want to make sure they can do this safely," he said. He also wants to make sure the veterans feel confident they can make the trip.

"This is a big responsibility," he said of the commitment made by the team. The personal attention is part of the experience for the veterans. While each veteran has a guardian to turn to for assistance, Farrell and the team make a point of connecting with every veteran throughout the day of touring the war memorials and watching the change of the guard at the tomb of the unknown soldier. The senior members of the Honor Flight usually participate in the placing of a wreath at the tomb as part of the ceremony.

Before boarding the return flight to Rhode Island, the group gathers at a hotel for dinner. It's an occasion for newfound friends to gather and for the "mail call" that is a highlight of the day. The Honor Flight team goes to lengths to personalize the letters, photos and mementoes enclosed in the envelopes as the name of each veteran is called out. Reaching out to family members, friends and former employers they come up with photos from their service and letters of thanks for their service. Entire classes from elementary schools veterans once attend-

ed have sent thank you cards.

"There's nothing like this immediate impact," Farrell says of the day-long experience.

What he finds especially rewarding is seeing the emotion of World War II vets in their 90s and now in their 100s who had no expectation of ever visiting the memorials. For some time Honor Flight has included Korean and Vietnam War vets. They also have included vets who have terminal medical conditions.

Farrell, who recently turned 67, shows no sign of slowing down. The team is working on assembling the next flight. It takes scheduling flights, escorts, reserving the hotel, lining up the vets and the guardians and scores of details from designing and making T-shirts to gathering those letters and photos that personalize mail call. It also takes a lot of money too.

A flight averages from \$25,000 to \$30,000 to cover the cost of the vets and the support team. Most guardians pay their own way. Fortunately, there are many generous supporters.

tensive including National Grid, Centerville Bank, Bob's Red Mill, McShawn's Pub, VFW Post 183, Lepre Physical Therapy and the Cranston Fire Fighters union to name but a few.

"I'm lucky," Farrell said, "not everyone's family is so generous with their time."

His wife, Jane, served as a guardian on the first flight and their daughters have helped with the program since the start. His 94-year old mother was there to greet the most recent flight. Friends have also pitched in. Just this fall a friend who received \$5,000 handed the check over to Farrell. Farrell was stunned. The donor explained he could think of no better use for his windfall.

Rhode Island is a certified National Honor Flight Hub, a distinction it earned for the manner in which it conducts flights.

It's a designation Farrell is proud of and one he believes deserving of the team.

For all his passion to recognize what veterans have done for this country, Farrell did not serve in the military. His father and fa-



PUTTING IT ALL TOGETHER: George Farrell and his team prepare to have veterans board buses taking them from Fire Station 8 in Warwick to Green Airport at about 5:15 a.m. for Flight Tango held Sept. 15, 2018. (Cranston Herald file photos)

Ocean State Job Lot Charities sponsored three flights. Wayne Moore, one of Farrell's team, has personally sponsored flights and International Brotherhood of Electrical Workers Local Union 104, Local 42 and Local 2323 have individually or collectively sponsored numerous flights. The list of sponsors or co-sponsors is ex-

ther-in-law both served during World War II. His number was on the Vietnam draft list when he turned 18, but soon after the draft was dropped.

Now his reward comes from honoring those who did serve, and, most of all, showing appreciation for their sacrifice and what it means to a grateful nation.

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*MMKT - APY is Annual Percentage Yield. APY is accurate as of 10/28/2022 and is subject to change at any time after account opening. Minimum balance to open the account is \$2,500. This is a tiered rate account. Tier 1 - balances between \$0 - \$4,999.99 will receive an APY of .15%; Tier 2 - balances between \$5,000 - \$9,999.99 will receive an APY of .15%; Tier 3 - balances between \$10,000 - \$59,999.99 will receive an APY of .75%; Tier 4 - balances between \$60,000 - \$99,999.99 will receive an APY of 1.00%; Tier 5 - balances of \$100,000 or greater will receive an APY of 2.25%. Fees may reduce earnings. Interest credited monthly. **CD - APY is Annual Percentage Yield. APY is accurate as of 10/28/2022 and is subject to change at any time after account opening. A \$500 minimum opening deposit is required to earn the advertised APY. Offer may be withdrawn at any time without notice. A penalty may be imposed for early withdrawal. Fees may reduce earnings. Other rates and terms available. 10-month term for new and existing members when new money is added. Additional terms and conditions for the 23-month term ONLY: Bump-up the rate once during the term and new money only. Federally insured by NCUA.

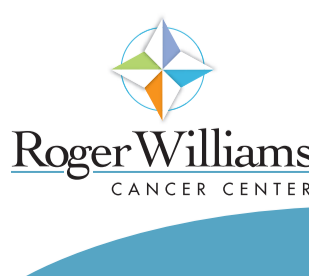
Dr. Gerald Colvin



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Dr. Colvin is accepting new patients at the following locations. For more information and appointments, call 401-272-9880.



Johnston, RI: Thu, Fri 9:00am-4:30pm
1524 Atwood Ave, Ste 444

East Greenwich, RI: Tue, Wed 8:30am-4:30pm
1407 South County Trail, Ste 432

East Providence, RI: Mon, Thu 9:00am-4:30pm
1 Office Parkway

Her incredible journey



A Paraguay native and Warwick author explores lifelong learning

By MARK BERGER

Warwick author Amanda Mottola's new book highlights her emigration from Paraguay to discovering opportunities here in the States.

Try to imagine growing up in a world full of turmoil. You have no idea what each day brings or whether the next moment defines you. Issues within and outside the family can change constantly. Besides fearing the unknown, your home country is living in a seemingly-endless dictatorship.

One woman saw what was happening around her and vowed to make a better future for herself and to help others find their voice.

Amanda Mottola envisioned a place of opportunity and making a difference. She wrote things down in real time hoping to inspire other people to triumph over adversity.

Her new book, "Learning as a Lifelong Journey: Being Your Leader, Overcoming Your Fears, Succeeding in Your Fears," chronicles being adopted as a baby and growing up with her adoptive family in Connecticut before finally landing here in Rhode Island to grow her family and pursue new adventures.

As anyone can imagine, being adopted isn't easy. Learning how to accept who she is and thrive in a new environment while adapting to change drove her to succeed and give back.

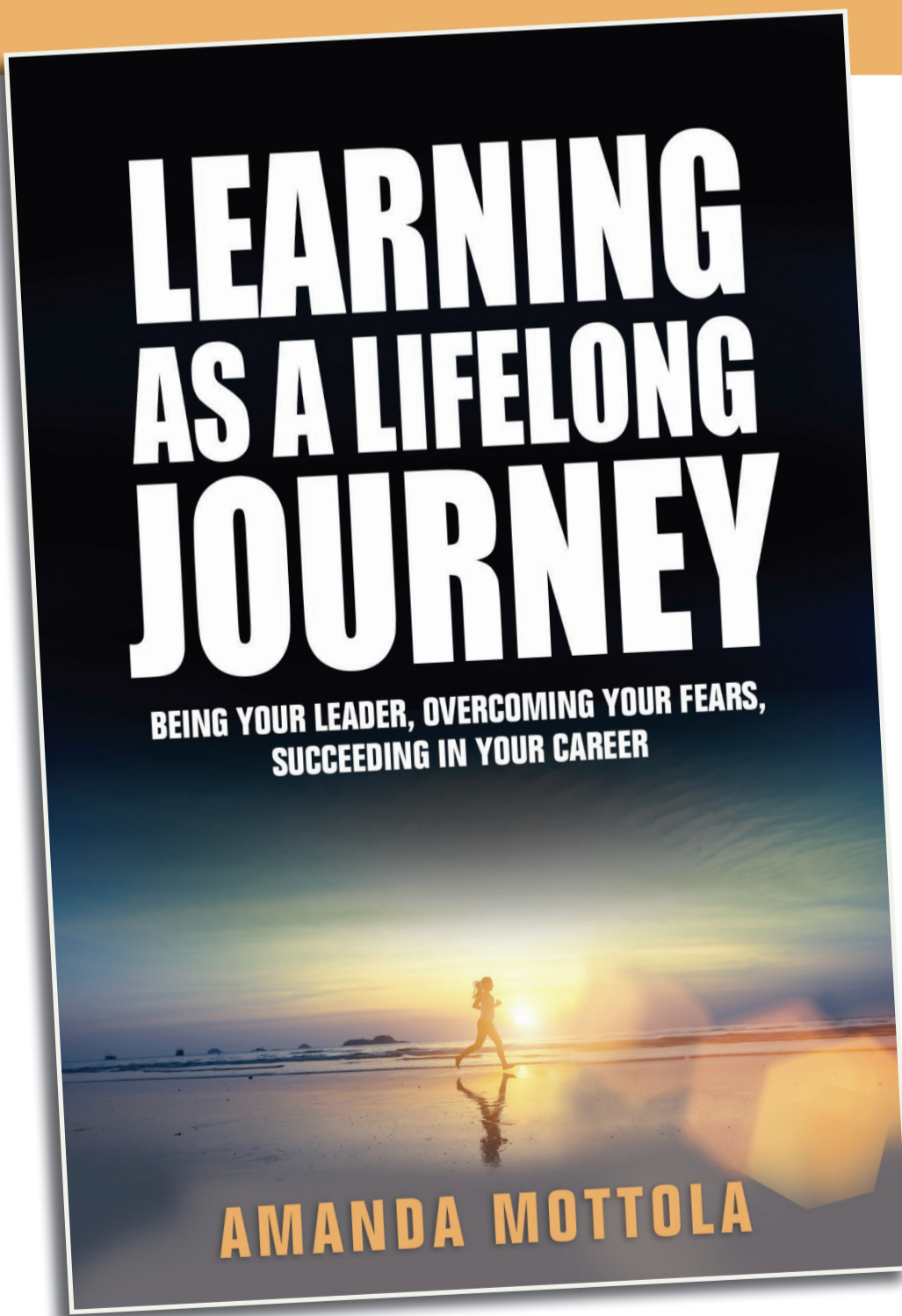
"It was far from a normal childhood from any metric," Mottola said, saying how much stress and uncertainty was around to remind her of such issues. "There wasn't a war; it was a 35-year regime that wasn't always good for the people. It was very corrupt and poor. My biological mother said I was taken from her after she had me. She was only 15 years old, and profiting off of adoption was normal. The country's court and adoption system was riddled with corruption."

Being a child can be challenging, but being a child coming from another world has different parameters. Because her adoptive parents, Daniel and Patricia Doerr, provided Amanda with a backdrop for achieving success, she forged her path toward realizing "The American Dream."

Amanda discussed her feelings growing up during those turbulent but eventually gratifying times. She felt empowered but scared; satisfied yet looking for the answer to the question of, "Why Me?"

All of those feelings were locked inside her needing a release. Something like that can be trying on a person looking for direction.

■ AUTHOR - PAGE 16



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ANIMAL TALK

By Karen Kalunian
Local Adoptable Loveable



Photo credit: Small Dog Rescue of NE

Jinx

This sweet girl has had a rough start in life but she's hoping that her luck is about to change! Jinx was found left in a bucket but luckily for her she got the help and care she needed. She is a mixed breed, under a year old so very much a puppy with puppy energy. If you have the time, love and patience to give then Jinx is looking for you. Jinx wants to be your one and only princess too so a home with no other pets would be best. Please contact Small Dog Rescue of New England via their website where you can also fill out an application <https://www.smalldogrescue.org/> Jinx needs love and she hopes you have a lot to give to her, she deserves it!

If you have been looking to adopt or know of an animal in need, please contact Karen directly at animaltalk1920@gmail.com

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Mickey Mouse and Minnie Mouse host this action-packed extravaganza, produced by Feld Entertainment, Inc., featuring Disney's *Moana*, *Frozen*, *Coco* and *Beauty and the Beast* with other beloved Disney characters at Amica Mutual Pavilion in Providence Dec. 28 through Jan. 2. Tickets on sale now at www.DisneyOnIce.com

20th Century Lifers: Part 1

EDITOR'S NOTE: This is part 1 of 3-part series

The state of Rhode Island claimed 16 "lifers" at the beginning of the 20th century, men who had been sentenced to spend the rest of their days behind bars at the prison in Cranston. All of the men were serving sentences for murder. Eleven of them would grow old or ill within the walls of a cell while five would be freed of their punishments after serving only 8 to 26 years of their "life" sentence.

Robert Crowe was initially sentenced to be hanged after being found guilty of robbing William Robbins, first mate of the bark Ocean Wave, on Aug. 16, 1866. Governor Ambrose Burnside appealed to President Andrew Johnson and the 26-year-old's sentence was commuted to life in prison. During a fight with another inmate during the winter of 1870, Crowe struck the other man with a ration dish, leaving a scar on the left side of his head. In the years just before his death from heart disease, on the morning of April 26, 1914, Crowe had grown white-haired and feeble and his expression had become vacant. He had begun to notice very little of what was happening around him and his memory was poor. When spoken to, he either didn't respond or gave a response that was incoherent. He had spent 48 years behind bars, the government paying the prison three dollars per week for his board. Upon his death, Crowe held the record of having lived at the prison longer than any other inmate.

Moses Grinnell of Tiverton was sentenced to life behind bars after being found guilty of murdering Charles

Back in the Day



by KELLY SULLIVAN

Thompson on Nov. 9, 1880 when he was 67 years old. He pleaded not guilty of wilful murder, explaining that Thompson, who had been taking coops out of Grinnell's henhouse, had come at him with a club and he shot him in self-defense. As he aged, the once-strong and hearty man became very feeble and did little more than complain about what he perceived to be ill treatment of him. He died in prison at the age of 95 on May 26, 1908.

Allen Dorsey of Newport was given a life sentence on July 3, 1886 after being found guilty of shooting his wealthy father-in-law, Benjamin Burton on Oct. 6, 1885. His wife and sister were also implicated and imprisoned. Both died while incarcerated. A graduate of Lincoln University and a medical student at the University of Philadelphia, Dorsey was very well-educated and prepared all his own court documents. He maintained a record of perfect behavior while in prison, trained a choir of nearly 20 prisoners to sing during church services and taught night school at the facility. In 1911, he petitioned for a pardon and was granted one by the governor on

April 26, 1912. Dennis "Spiker" Murphy was sentenced to life in prison on July 2, 1889, after being found guilty of murdering 82-year-old Waterman Irons in his leather shop on Aug. 24, 1888 with the intention of robbing him. Known as a very tough man and the most troublesome prisoner the facility had ever held, he made several attempts at escape. In Oct. 1881, he was caught trying to saw through the bars of his cell. It was believed the steel saw had been smuggled to him by friends or family members, hidden within fruit which was permissible to bring. In April 1893, after throwing himself against the walls of his cell and kicking wildly, he was put in a straitjacket. That Sept., one of his escape plans resulted in another inmate being shot by a warden. Other escape plans were made in Feb. 1894 and July 25, 1895. Murphy had a secret alphabet he used, writing letters to other prisoners and giving them instructions concerning his plans to break out. The letters usually found their way to the wardens and he was put into solitary confinement. After claiming sickness or promising he would not plot escapes again, he was put back in his cell. After a warden found notes he had written concerning his plans to overpower the warden and escape, in July 1897, Murphy was dressed in a fiery red suit so he was easily seen, and each of his legs fitted with chains attached to 55-pound balls. He still made detailed plans to escape, however, and two such events were halted in Dec. 1898 and Dec. 1899.

Kelly Sullivan is a Rhode Island columnist, lecturer and author

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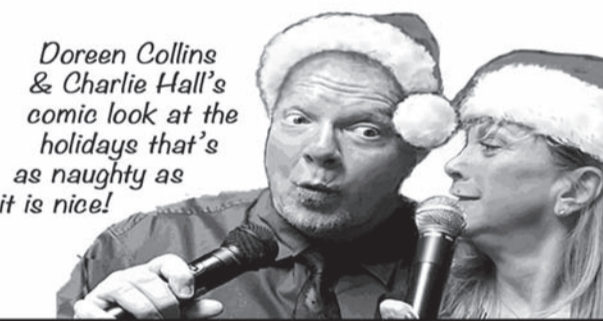
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Thurs. Dec. 8- CHAN'S, Woonsocket 7pm
Sun. Dec 11- BELLA, Burrillville 12:30
Thurs. Dec 15- WHITE'S of Westport 12:15
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So glad it's over...finally

Thank-God, this week marks the end of this election season.

I will be so happy to not have to listen to ad after ad, stretching the truth to make their point. I've never been so aware of politics. I was amazed at the things that the people were doing to hammer their point of view to the citizens. The number of signs all over Warwick was distracting!

I was surprised that local businesses allowed signs to be placed on their property supporting bond referendums that didn't really pertain to their business. It was a turn off for me. Locally, the hot button was building two new schools in Warwick. I went to several informative meetings to understand the facts. These were held by citizens concerned about the tax implications moving forward. As with the national election, children and the elderly were used as pawns to tug on the heart strings of the voters.

I'm a factual, numbers kind of gal so that's what I use to decide which way to vote. The problem for the average voter is all the mixed messages that we receive. I don't understand why candidates are allowed to lie in their ads. Not just stretching the truth, but straight up lying! I wish that during the debates there was a live fact checker.

I think it would be almost impossible for the average citizens to know the facts well enough for each candidate and all the ballot questions. At the end of each debate, I felt more confused than anything. When I knew the candidate or proponent of a certain bond referendum was lying, it made me angry!

I have come to understand that unfortunately the truth isn't the driving force behind most elections. It's a lot of money and who you know. That's unfortunate.

By now we know who and what won. Time will tell as to whether we were lied to and if the candidates stick to their promises. Unfortunately, by then it will be too late. The only good thing is that the commercials will end.

Now we just have to wait for open enrollment for Medicare and Medicaid to end!

60s and Sexy



by CINDY WILSON

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I looked and saw my mother

All my life my hair style has been casual, generally a perm to keep my hair somewhat curly, (although frizzy poodle curly is more often the result.) However, I went to a different hairdresser the other day who was sooooo proud to give me a new look. She washed, conditioned, cut, and then blow dried my hair, all with my back to the salon mirror to surprise me. As she expertly blew out each strand, I knew that was extra effort that I was not willing to do, but decided to humor her this one time. Excited, she twirled me around to view the final results. Smiling broadly at my anticipated new and modern style, the image that greeted me was a shock. My mouth dropped into a grimace as I looked and saw my mother in the reflection...same perfectly coiffed old lady white hair. I was disheartened, not to say that her hair style was awful, but it was that

of an elderly woman. At what point did people start to perceive me as old? I took a good look at myself beyond the usual five second glance in the mirror. I had never before noticed how tired and worn my eyes looked. I had sworn off make-up years ago because the tremors in my hands always managed to screw up the application of mascara, poking myself in or under the eye rather than on my eyelashes. After trying to wipe the errant make-up off, I looked like a racoon rather than the beauty I had imagined in my head. And when had the wrinkles gathered around my eyes on my forehead and in my frown lines? Fortunately, due to an accident where I fell flat on my face many years ago, (trying to catch a young, mischievous Steven at the airport,) my nose had broken and the columella under my nose and

Life Matters



with LINDA PETERSEN

above my lip had been damaged permanently, frozen in place, never to let a wrinkle in. At least there was ONE area on my face that was smooth. My gaze wandered down to my hands and arms. A mass of alligator scales and wrinkles replaced the smooth skin I once had. And WHERE did all those brown spots come from? I had had my share of

moles and freckles in my life, but this was an explosion of brown spots, all different shades and sizes. Coming from a generation that did not believe in sunscreen, they must be the result of the sun damage that resulted. Then, I noticed two large flaps of skin hanging down from my upper arms, looking like all the stuffing had been taken out. What was with that? The arthritis I have reminds me every day that I am older, with the large scar from the knee replacement surgery still dominant on my leg. Hubby's similar scars have faded with time and can barely be seen, but mine stand out bright pink, zig zagged, and ugly looking. The scar announces to the world that my knee was old and needed to be replaced. I was always known as someone who zips around quickly and clumsily, but my zip has been zapped

and only the clumsiness remains. Hubby gets embarrassed when I trip over a curb or my own two feet, rolling his eyes at my awkwardness. When grocery shopping with him, I sometimes bend over the carriage while pushing it due to back pain. I know it looks inelegant, but the position relieves the stress on my lower back, alleviating the pain. I have also been known to use the store's scooter as an alternative. My memory seems to be failing. A person's name eludes me despite wracking my brain to try to remember. This, of course, can be embarrassing. I hope my smile and head nodding hides the fact that their name has not come to mind. Yes! I like you, whoever you are! All these little life challenges are normal as we age, but they are not proof that I am old. That proof came when I saw my reflection in that salon mirror...

COLLECTIBLES



What is an Auction House?



By Travis Landry
Auctioneer & Specialist
Bruneau & Co. Auctioneers
Cranston, RI

an auction house works or what it actually is, which is why I decided to explain it here for you. Auction houses generally work with sellers on consignment, meaning they take your items to market and sell them on your behalf through auction and in return get paid a small portion of the sale price. Auction houses do not buy your collection outright from you (though we can and will if you twist our arm), but it is always in your best interest to consign. That way the selling process becomes a team effort; When everybody works in each other's best interest you and the auction house make more money. It's win, win!

Now that you know an auction house gains items for auction through consignment, you might wonder how to get your items consigned and up for auction. The initial step is having an appraiser from an auction house take a look at your collection to give you an estimate of potential auction value. At Bruneau and Co., there are three major ways we offer appraisals (other houses might vary, but I don't speak for them!), they are: 1. Via house call where we come to you and look at everything you have. 2. Through email if you send us photos, and 3. By bringing some items in on our Tuesday walk-in appraisal day between 9am and 12pm. If you're unsure which method is best for you, just give us a call - we're here to help! Finally, if you have never been to an auction as a buyer, it is something you definitely need to do. The energy in an auction is like no other shopping experience. Most importantly, they are free to the public! An admission fee is false belief some people always tend to have about auctions. It's not like a rock concert selling tickets (though sometimes you can find vintage concert tees at auction!); auction houses want you to join the fun and buy from them. If you are into antiques, fine art, jewelry, vintage advertising, toys, comic books, video games - anything cool and collectible - then auctions were made for you. Stop on by and give us a visit at Bruneau and Co. sometime, we would love to have you!

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Brendan Gleeson stars with Colin Farrell in *The Banshees of Inisherin*. (Photo courtesy of Searchlight Pictures)

**WARWICK SHOWCASE/
AVON**

THE BANSHEES OF INISHERIN
**** (Joyce) *** 1/2 (Don)
Irish Relationship Tale

Irish movies and plays often contain humor, but always have a bit of sadness and tragedy.

"Banshees" is no exception. The movie opens on the isolated, lonely isle of Inisherin, where two men, Colin Farrell's Padraic and Brendan Gleeson's Colm sit on an ancient stone wall as they do every day.

But today is different. Colm tells Padraic he doesn't want to be his friend anymore. He finds him boring.

For about half the film we are treated to some funny lines and situations as Padraic tries to discover why his inseparable pal has discarded his friendship.

It is a very small island, so everybody gets involved.

Playwright Martin McDonagh is a master of language, and if you catch half of the dialogue, you are

See it at the

with
Joyce & Don
Fowler

Movies



in for a treat.

The year is 1923. War is going on on the mainland. Life is much simpler here, where the only activity happens at the church, the local store and the bar. People know everybody's business, so Colm and Padraic become the big news.

You may interpret what happens next in a variety of ways.

Is McDonagh trying to tell us about the meaninglessness of life, or are we, when it comes right down to it, living in our own loneliness?

A tragic event occurs. There is death. There is a rational man who does an irrational thing.

Joyce accepted the ending, while I had trouble with it. (My problem. I always try to rewrite endings.)

By all means, see this movie for its great acting, setting, messages, and especially a donkey you will fall in love with.

One more thing: SUBTITLES! There should be a law that no Irish dialect movie can be made without subtitles.

NETFLIX

THE GOOD NURSE

Jessica Chastain stars as a very

good nurse. She's a single mother with a heart condition who works nights.

Eddie Redmayne plays a recently hired nurse who joins her on the night shift and helps her both personally and professionally.

When she suspects that he may be responsible for patient deaths, she calls in the police who begin an investigation with her help.

"The Good Nurse" is based on the true story of serial killer Charlie Cullen who lives a double life.

It is also an indictment of the hospital system in New Jersey, where administrators throw roadblocks in front of the inves-

tigation, refusing to cooperate because of fear of lawsuits. Chastain is terrific.

INSIDE MAN
*** 1/2

Stanley Tucci stars as a wife-killer on death row whose amazing abilities help him solve a number of murders.

When a woman disappears, her journalist friend starts her own investigation, becoming deeply involved with the prisoner.

Into the story comes the local vicar who counsels a disturbed man who likes child porn. He thinks it belongs to his son and will do anything to protect him, including hiding a woman captive in his basement.

The unrelated characters slowly become connected and the story becomes complicated and terrifying.

We don't want to tell you more without spoiling the intriguing outcomes.

This one is a bit weird, but stick with it and you will enjoy something quite different.

Author

(Continued from page 13)

Fortunately for Amanda, she found that answer on an adventure down to South America to reunite with her biological family.

"A big part of my success is due to my childhood, upbringing, and values. I was adopted into a strong, loving, moral, and supportive family. However, growing up and figuring out my purpose and where I fit in was an emotional struggle. Physically, I was living the dream, but mentally,

I was in a battle against my own mind.

"Over the years, it led me astray. However, through a positive mindset, and despite getting deterred at times, I have kept returning to my destined path," she said.

While living in Connecticut, Amanda got involved in the community. She ran for School Committee despite being a first-time candidate with little name recognition. She made herself available and shared her story. Her efforts resulted in her earning one of the seats. She served one term before stepping down to start a family and a new career.

After graduating from the University of

New Haven, Amanda worked in several ad agencies only to find something was missing. In 2019, after being laid off, she founded Otraway, a Warwick-based company specializing in promotional items, corporate gifting and event marketing. The business name means "another way," and she strives to help others by sharing the word through branding and outreach.

She achieved her dream of becoming an owner, as her company continues to flourish in 13 states. Amanda also discovered something fulfilling in 2018: her birth parents. She traveled thousands of miles to find them and reconnect. She recalled the reunion to be understandably emotional and cathartic for having some type of closure on that part of her life. She also got married and has two boys that also changed her perspective on life.

"When I had children, my life changed in a profound way; I actively committed to creating a better life for them, which, in turn, committed me to a better life for myself because if I don't take care of me, then I can't

successfully care for them or inspire anyone else," she said.

Amanda loves giving back as a sign of her success. She donates some of her efforts to Dare to Dream Ranch in Foster and Foster Forward in East Providence. The Ranch is a working farm that helps veterans and their families get the help, support and services they need. Foster Forward is a nationally and locally-recognized leader that ensures all children and youth impacted by foster care have safe, healthy, and nurturing families.

Also, November is Adoption Awareness Month. Because of Amanda's story, she wants to give back by sharing her journey and aiding in helping more kids find a new family and home.

Her book is available for purchase on Amazon.com and at Barnes and Noble. She is also doing book signings around the state. Amanda will be scheduling meetings and other events to help share her story and hopes to inspire others to follow their entrepreneurial dreams and life passions.

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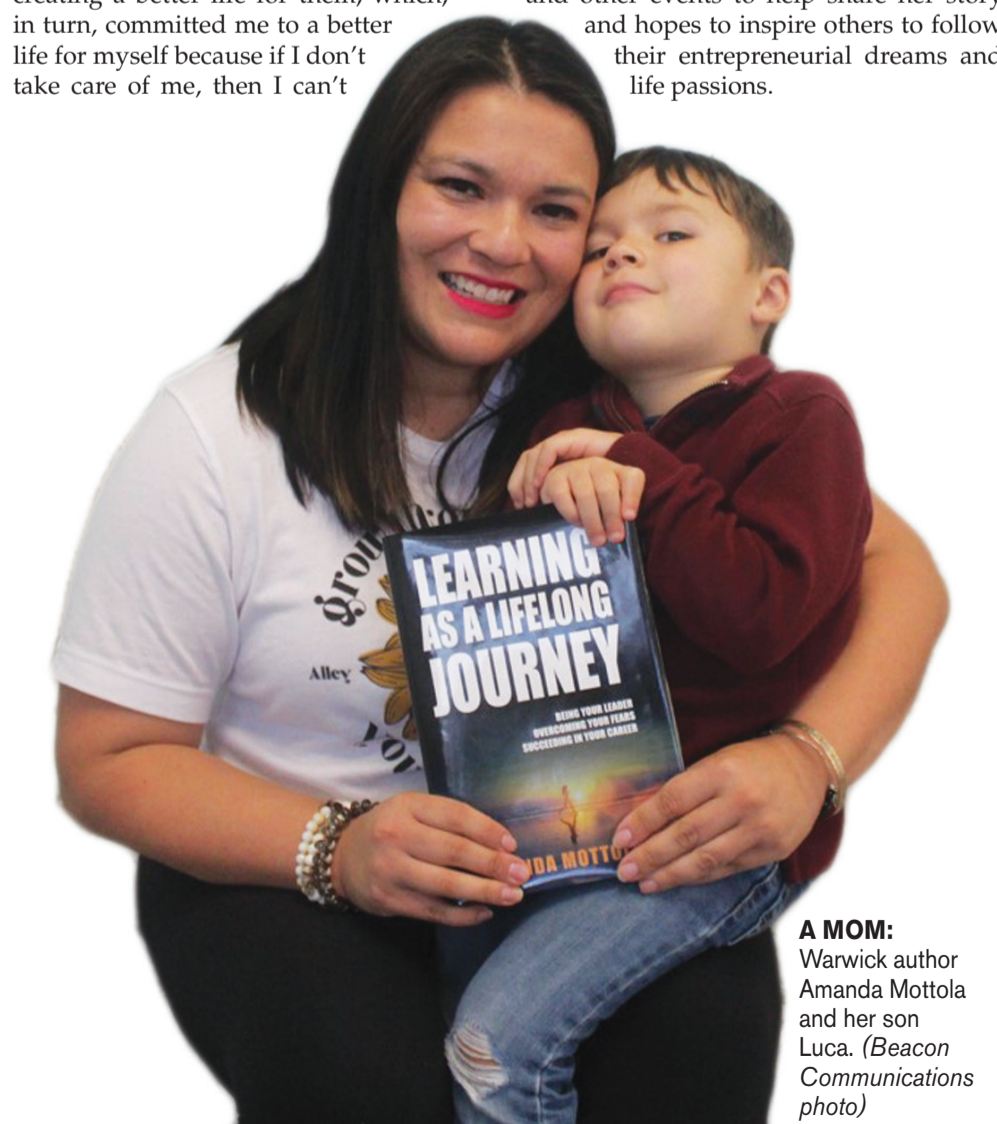
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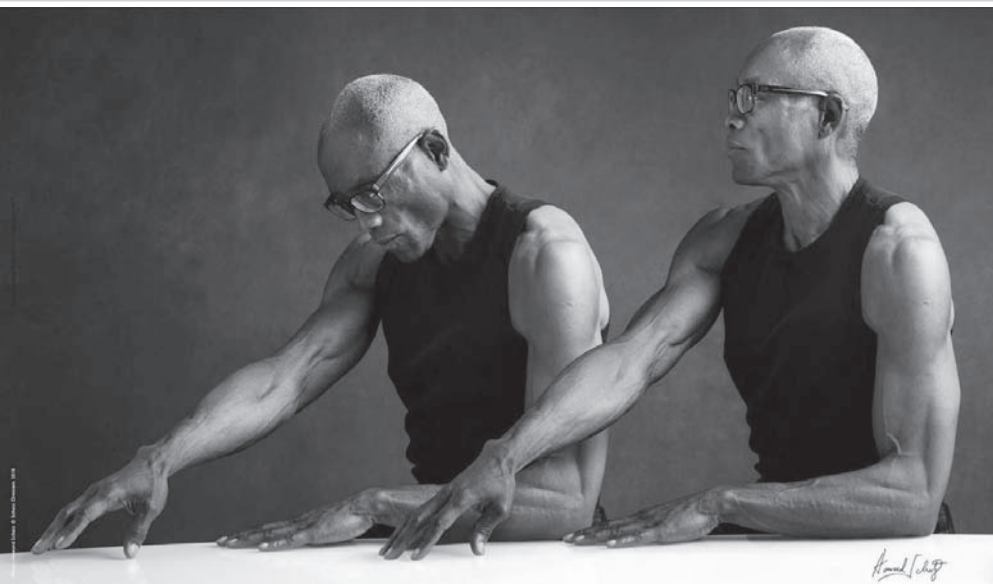
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A MOM: Warwick author Amanda Mottola and her son Luca. (Beacon Communications photo)

For more information about Warwick author Amanda Mottola and where you can book her for speaking engagements, contact her by calling 203-535-5003 or emailing her at Amanda@otraway.com.



Bill T. Jones' *What Problem* was a success for FirstWorks. (Photo courtesy FirstWorks)

Community members appear with Bill T. Jones

'Carte Blanche' coming to FirstWorks

By DON FOWLER

FirstWorks adds another bee to its bonnet with last week's performance of Bill T. Jones/Arnie Zane Company's new work, "What Problem?" before a near-capacity audience at Vets.

FirstWorks teamed with Brown Arts to present this moving production which involved integrating 20 community members into the modern dance.

Hundreds of young school children filled the balcony and second balcony seats, while we older folks occupied the lower level. (The kids had the prime seats for viewing the dance movements.)

Jones narrated the piece, which explored his own background and that of the character Pip in "Moby Dick," covering issues of loneliness, isolation, and community.

The loudest applause came from the upper seats, and perhaps there was a young Black boy watching who thought, "gee, I would love to do that" and another Bill T. Jones will emerge.

Jones led a discussion of the piece following its powerful conclusion.

Montreal Ice Dancing Company

Le Patin Libre, (French for Free Skate, the innovative Montreal Ice Dancing company, will present "Carte Blanche" at the Providence Ice Skating Rink in Kennedy Plaza on Dec. 1 at 6, 7, and 8 p.m. as part of FirstWorks community outreach. Admission is free.

Toad & The Stooligans embrace dark side with 'Devil's Nectar'

By ROB DUGUAY

Around this time a couple years ago, Providence hip-hop band Toad & The Stooligans released their sophomore full-length album "Jesus Juice". The record exhibits a bit of a gospel influence and it was a much needed release during the crazy uncertainty that shrouded over 2020. For the sake of dichotomy and the fact that you can't have the good without the bad, the act recently put out their third LP "Devil's Nectar" on October 28. Thematically, the record goes in a 180 and when I say "bad" I mean the tongue-in-cheek dark motif that encompasses the music. Along with that, it fits in with the macabre that's often associated with the Halloween season which was in full force during the time of its unveiling.

During the making of the new record, the band decided to produce it themselves and with that responsibility came the debating over minute details. With this different experience, there was a lot of learning that came from it and the band had an overall fun time due to the relationship with their music being taken to another level.

"Producing your own album can have a lot of challenges and excitement all at the same time," bassist Alex Caimano says about the making of "Devil's Nectar". "We were granted the time for creative freedom but we were bogged down with the weight of choice fatigue. A lot of the time we were hemming and hawing over minute things that we otherwise wouldn't bother with if we paid someone else to engineer and mix. I think those little critiques translated into the final product. The learning curve was wide but the experience was priceless. I love all the music we play and alumna we made but I



Toad & The Stooligans

think I love this one a little more just from the work we all out into it"

"This album was really fun to make," keyboardist Daniel Hill adds. "The most challenging and most rewarding song on the album was the first track 'Devil's Nectar (The Summon)'. I remember Alex calling me about making a song that mirrored 'Jesus Juice (The Sermon)' but making something that sounded more gritty and playing it in a bebop jazz style. What I loved about that idea was that jazz was kind of known to those who lacked the understanding of the genre as the 'Devil's Music', so it was a good way to play with that idea especially with jazz being a huge background in my playing. The most challenging part was writing out the different sections that occur and the horn parts, but we were able to get it done and the song came out amazing. I was definitely proud of everyone's effort on that song. The icing on the cake was listening to Mike's dope ass verse bring it to life after all the instruments were recorded."

Along with the first track, there are a bunch of others that highlight the album. "Kick Rocks" has Hill's

keys and Caimano's bass forming the foundation along with Matt O'Brien's drumming while both Dan Pomfret and Mike Jencks create their trademark verbose dynamic with the lyrics. With rapper extraordinaire Jesse The Tree joining in on the fray, "I Don't Wanna Get High" has more of a low-key vibe with the chorus upping the ante in numerous ways. Concluding "Devil's Nectar" is "Mean and Nasty and No Damn Good" in rhythmic fashion while leaving a lasting impression. "Clap Ya Hands" and "Bridge Burner" are quality songs that deserve a listen as well.

Ever since the middle of the 2010s, Toad & The Stooligans have been one of the premier acts in the local music scene. All you have to do is give their music a listen, then go see them live and you'll understand why. Anytime they put on a show it's a good time and you should keep tabs on when they'll be playing next. To do that, follow them on Facebook at facebook.com/toadandthestooligans. In the meantime, give "Devil's Nectar" a listen via their Bandcamp page at toadandthestooligans.bandcamp.com.

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By JENNIFER COATES

The expression "Home is where the heart is" is an oft-repeated phrase that is both familiar and evocative to all who hear it. Whenever these words are uttered, they immediately evoke the sentiment that no matter where life takes you, you can be "at home" as long as you are surrounded by the people and things you love. Home can truly be wherever you rest your heart.

As we age, the concept of "home" will often change. Perhaps we are no longer able to remain in the home where we raised our families. Perhaps we need more help than the independent lives we once led. Perhaps we need to eschew the possessions we once accumulated in our homes and embrace a simpler life, instead savoring time spent with loved ones and making new acquaintances. Life and "home" may change, but they can also be better as we go along.

"Life getting better" and creating "places where the heart can settle in" are part of the mission of The Preserve at Briarcliffe. The Preserve is the newest addition to the Briarcliffe family. Opened a short year ago in June, this thoughtfully designed senior living residence is now home to seniors looking for this simpler, stress-free life. A life of security, peace of mind, comfort, opportunity, and freedom. A "new" home that caters to their every want and need.

Each of The Preserve's sixty-six apartments is designed to meet the specific needs of those who are either completely independent or who require assistance with such basic needs as medication management or help with simple, everyday activities. It is the ultimate in senior living, known in the industry as a Continuing Cared Retirement Community (CCRC).



The Preserve at Briarcliffe is a warm, inviting retirement community located in Johnston. If you or a loved one is considering a new home, visit one of their apartments, including this studio apartment with its thoughtfully-planned bathroom and kitchenette.



The Preserve's apartments come in six different floor plans including 330 square foot studio apartments and one-bedroom units. Each apartment has a kitchenette (complete with quartz countertops, small-scale refrigerators, and a microwave), "European-style" bathrooms for safe and easy access (complete with barrier free showers, grab bars and two emergency alarm pull stations), wheelchair-width doors for those with mobility challenges, and access to the outdoors. Each apartment is individually controlled for heat and air-conditioning. Every room is bathed in natural sunlight.

Every amenity here at The Preserve has been carefully

curated. Restaurant-style dining with restaurant quality food, housekeeping, landscaped grounds to explore, a full-service salon and fitness center, laundry service and cozy lounges where scheduled activities and entertainment are held. There is a library and game room for family gatherings. Though transportation is provided, there is hardly ever a reason to leave!

Now is the time to schedule a tour of your "new home" at The Briarcliffe, Preserve located in a leafy corner of the city at 54 Old Pocasset Road. To arrange for your tour, call Stefany Reed at 401.944.2450 ext. 202 or visit their informational website at www.briarclifferi.com.

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What is Your Retire-Ready Recipe?



Jeffrey H. Massey
Certified Financial Planner™
Massey and Associates, Inc.

A recipe is like a roadmap that tells us exactly what we need to do to help us get to where we want to go. Of course, if you don't follow the recipe and perhaps leave out one of the more important ingredients-- you know what happens: You taste it and perhaps say or think, gee, this doesn't taste the same as when mom made it. Can you relate?

I am certain each of us has a family recipe that has been passed down or around the family, perhaps for generations. My favorite is my mom's bread stuffing which I make for every Thanksgiving dinner. I can't wait to taste it again!

When it comes to retirement, there is no one way to structure or plan for your retirement. The recipe that is great for you may not work at all for another family member, your best friend, or your neighbors. The goal with retirement planning is to work the "recipe" for your specific situation to achieve the retirement lifestyle that is a good fit for you and your spouse if you are married.

So, what are the main ingredients that I think should really be considered for every retirement plan? Yes, I first said that everyone's recipe is likely to be different, however, there are certain elements that I think should be included in every retirement plan. The three specific elements are: safety, liquidity and growth for the future. Within those three elements is where the plan can be dramatically different for each person or couple.

Everyone has a different perspective when it comes to their risk tolerance (taking on more risk or preferring to take on less risk.) By properly implementing a plan that contains these three elements, you are designing strategies to help you pursue your particular goals and objectives for a successful retirement. The major difference from one person's plan to another is the amount of money that you put into each of these three asset positions. The challenge with putting money into these three elements is that you cannot achieve all three--safety, liquidity and growth--with a single asset placement. However, you can typically get two out of three of these important elements.

Let's start with this comment: every choice you make as to where you should place your assets will have both pros and



cons. It's up to you to weigh each choice with the pros and cons and decide which is most comfortable for you.

In the safety category, your choices are bank or credit union money, backed up by the FDIC or NCUA, and insurance products that are backed by the financial strength and claims paying ability of the issuing insurance company. There are insurance-based products that offer the possibility to earn much higher rates of return than the bank, credit union or government securities. Some of these options may have liquidity as well. There are important details to consider when this type of option is recommended to you, so work with a professional advisor that will help explain all the details.

Another option is US government securities like treasure bills, notes, and bonds that are backed by the full faith and credit of the United States government. In this category, you will get safety and a certain amount of liquidity, which is the second category, but typically, you may not get much growth. Therefore, although the safety category is important to a retire-ready recipe, you will not have much in the way of growth at the current rates of interest, which have only recent-

ly started to go up as the Federal Reserve has raised their interest rates.

In the liquidity category, you should have your emergency money along with money for expected larger expenses such as a roof, new car, etc. There is a cost for liquidity, which is that you will not make much money on your deposit. We refer to this money as your "pillow" money so when your head hits the pillow at night, you will be confident in your plan and enjoy a good night's sleep by not worrying about access to money.

Moving on to category number three - growth. This is a very important element to have in your plan. Typically, these are your investments in the stock market. I will concede that you can also invest in bonds, however, the challenge with bonds is that their fair market value (the amount you can sell the bond for) will go down as interest rates rise.

As the Fed has started to aggressively raise interest rates, this has a negative effect on the value of your bonds if you were to sell them. The bond aggregate index, according to the Yahoo Finance web site, was down as much as 16% earlier this year, and as of September 22nd, it is down approximately 11%. (https://www.cnb.com/2022/10/18/stocks-and-bonds-both-down-what-to-do-with-your-money.html?__source=sharebar|email&par=sharebar,2022)

In the growth category, you will also have liquidity as you can sell your investments to get money out of the market, however, you may not have as much protection in this category. Of course, you may also have liquidity in your savings or money market accounts. As I mentioned earlier, you can usually get two elements, but not all three.

So, there you have it! A Retire-Ready Recipe that includes three main ingredients: safety, liquidity and growth. This is how we customize a retire-ready plan for our clients.

I wish you, your family and your friends a wonderful Thanksgiving!

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Sports

Chung, Falcons headed to semis



MAN OF THE HOUR: Cranston West's Marcus Chung (1) during a post-game interview. (Photos by Alex Sponseller)

Senior standout scores three TD's in playoff win

By ALEX SPONSELLER

The Cranston West football team held on to beat Woonsocket 21-18 in the Division II Quarterfinals at home last week.

The Falcons were once again led by senior running back Marcus Chung, who rushed for three scores and over 200 yards in the win.

"This being my first ever playoff win in high school football, the feeling is crazy. This is a great team and I know that we're going to get back to work and work hard in practice. Hopefully it pays off," said Chung after the win.

After a scoreless first quarter, West would score on back to back drives on Chung touchdowns to take a 14-0 lead. The second drive was set up by a Steven Girouard interception.

The Villa Novans would respond by getting on the board with a score of their own with 29 seconds left in the half. Woonsocket would then get a pick-six moments later to cut the lead to 14-12 at the break and steal the

FALCONS - PAGE 23



TOUCHDOWN: West quarterback Kelan Cornell.

West blanked in quarters

By RYAN D. MURRAY

The third-seeded Falcons were blanked 2-0 by the sixth-seeded East Greenwich Avengers last Thursday night during the Division II Boys Soccer Quarterfinal match at Cranston West High School.

Leo Paradise scored East Greenwich's first goal during the fifth minute when Alejandro Leon booted a free kick into the box, and then East Greenwich senior Cam Pellegrino passed across to Paradise, who buried it into the left side of the net and put the Avengers up 1-0.

The second tally came during the 68th minute, when Leon assisted to freshman forward Wyatt Gelzhiser, who fired into the left corner of the net from the right side, and upped the East Greenwich lead to 2-0.

Both goals came in the first half. The Falcons two best chances to score came during the second half and they came from freshman Jack Mefford, who missed wide on both occasions.

"Jack Mefford is a special talent," West head coach Yair Correa said. "This is a kid that was a junior varsity player coming into the season. We ended up giving him the nod and we called him up to varsity and the kid was an instant

WEST - PAGE 21



PLAYOFF BATTLE: Cranston West's Aiden Hay tracks down the ball in the Division II Quarterfinals last week. The Falcons were shut out 2-0 by East Greenwich to see their season come to a close. (Photos by Ryan D. Murray)



BIG STAGE: Cranston East's Stella Loezos last week. (Photos by Leo van Dijk/rhodyphoto.zenfolio.com)

East, West compete at XC states

By ALEX SPONSELLER

The Bishop Hendricken cross country team ran to its 26th state championship last weekend at Ponaganset High School. The Hawks will now head to the New England Championships this weekend with a chance to qualify for the upcoming Nike Nationals.

A number of other locals shined on both the boys and girls side on the state's biggest stage.

Here is a look at some of the results:

BOYS

St. Ray's standout and Warwick native Devan Kipyego took first place overall as an individual. This was his second straight state championship for the Saints. Troy Silvestri capped off his season with a second-place finish for the Hawks.

Hendricken's Andrew Frezza cracked the top-five with a fifth place finish, followed by teammate Keegan

STATES - PAGE 23

Keeping tabs on our playoff teams

We're in the thick of the playoffs and a number of our teams are shining. Here is where we stand with our clubs as of Tuesday morning.

This past weekend we got our first state championship when the Bishop Hendricken cross country ran to another title. It was an expected result, to be honest, but the Hawks continue to be New England's best team and one of the best in the nation.

It's impressive, this team just churns out runners fall by fall. It doesn't matter if they have an individual state champion, or even someone in the running. Hendricken is just so deep and boasts such strong numbers. It is arguably the best sports team in the state at the

My pitch



by ALEX SPONSELLER SPORTS EDITOR

ALEXS@RHODYBEAT.COM

moment.

The Toll Gate girls soccer team won a 4-3 thriller over Classical to punch its ticket to the Division III title game this Saturday. The Titans went up 3-0, saw the Purple roar back to tie things, then got the game winner in the final three minutes.

PITCH - PAGE 24

GIVE IT A BOOT: West's Kasey Gooch shoots the ball last week.



West

(Continued from page 20)

spark to the program. He immediately was effective in training and in games, and the value that he brought to the team is something special for a kid that's making the move from junior varsity over to varsity. He's going to be a special talent the next three years, and I feel very fortunate to have Jack Mefford for the near future. That's for sure."

The Falcons will also retain another key player in sophomore and starter Chris Melise, who always brings a lot of energy and toughness to the field.

"Melise is a special talent," Correa said. "He is a very good player with a lot of potential. I'm very fortunate to have him for the next two years. He's a very versatile kid, who provided a lot of different things for us this year, playing wingback and playing winger, as well, going into the attack. Definitely one of the most agile and quicker players in regards to acceleration and that extra step of speed. The kid is definitely something that we look forward to in the future because he's a massive piece of the program, going forward. He played very well yesterday for what it was, did everything he could in his power to get us the win, but it just wasn't enough."

Correa believes the defeat all came down to the Avengers drawing up a better game plan after the Falcons beat them 5-2 on September 23.

"I think East Greenwich understood the assignment and they executed," Correa said. "I want to give credit to the coaching staff there for better preparing their guys after what went down during the regular season. They came back with a vengeance and it was evident that they had one thing in mind and that was to redeem themselves and they did exactly that."

The elimination hit the first-year head coach hard, as he will lose 13 of his players to graduation.

"It's definitely a tough loss because 13 kids on a roster is not easy to replace," Correa said. "So, it definitely hurts, that's for sure."

"Obviously, the seniors are a big reason why we were able to be as successful as we were," Correa continued. "They brought a lot of leadership and a lot of experience. Unfortunately, though, we ran into a team that had clarity with their game plan and they came to Cranston and did what they had to do. They took care of business the way that they, I'm sure, trained for. And it was definitely a tough one for me as a first-

year coach. However, 13 seniors on any roster is very rare. So, my heart breaks for those kids, of course. It is definitely something that will stick with me very closely for a very long time."

But Correa also sees a bright side.

"I think they're moving onto bigger and better things," Correa said. "The majority of those kids have clarity as to what they want to do in college. A lot of those kids seem to know where they want to be as well, in regards to location. So, I can't help, but to be super proud of everything they did for the program, and what they brought in, and what the system has provided for them. And now it's time to just take a step back and witness what they're going to do in life now. And whether they allow me to do it closely, or from afar, I'm always going to be following those guys."

Back at West, Correa believes the Falcons will continue to build on the success of this year where they finished the regular season with a league record of 10-3-1 and went 12-6-1 overall.

"Like I tell the boys, 'we either win or we learn,'" Correa said. "We don't lose. And yesterday we learned. We learned a lot, and that's something that we'll carry on into the near future. And hopefully we can grow from this."

If Correa's first season is any indication, there's every reason to believe West will only grow from it.

"I think we now have implemented lots of great things into the program and I believe the state of Rhode Island now understands that Cranston West is slowly becoming something to cheer for," Correa said. "Because we have lots of special talent here, and now given the proper direction, these guys understand how to be as effective as possible,"

"So, I'm very excited for the years to come," Correa concluded. "And I'm very excited for what's going to be brewed up here in the city of Cranston. The community deserves it and everybody here deserves exactly what's going to come. And I know it's nothing, but lots of success. Especially for me, as a first-year coach to be able to say that I won 12 games out of 18. It's a massive feat. Not a lot of teams can say that. Not a lot of first-year coaches can say that. There's usually a lot of growing pains going on in the first year and thankfully we were able to be more successful than anything else. So, I can't help, but be proud of each and everyone one of these guys, and more so the class of 2023, for giving me their all, in regards to determination and commitment throughout the fall of 2022."



DRIBBLING: West's Jon Frias works his way up the field.

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CLUES ACROSS

- Clip a small piece
- Enter forcibly
- Southwestern Native American tribe
- Helps you smell better
- Sun or solar disk
- Low frequency
- Former Houston football player
- Federal crime
- Home to Boston (abbr.)
- Approval
- Those who fight an establishment (abbr.)
- ___ student, learns healing
- Indian groomer of horses
- Line where two pieces meet
- One might be brief
- Type of sword
- Knife for fruits or vegetables
- Stinkhorns
- Stroke
- Industrial process for producing ammonia
- Sir ___ Newton
- Wild goat
- Muslim ruler
- Scottish ancestor
- Hat
- Horse mackerel

- Alcoholic accompaniment
- Tech department
- Manifesting approval
- Upper bract of grass
- Of I
- Large wading bird
- Military prisons
- Famed American cartoonist
- Rise
- Greek God of war and courage

CLUES DOWN

- Sewing needles
- Functionary
- Induces vomiting
- The finger farthest from the thumb
- Not moving
- Sports official
- Water purification process (abbr.)
- University of Dayton
- Indo-Malaysian evergreens
- High schoolers' math course
- Yankovic is a weird one
- Adversaries
- Merchandisers
- Radioactive metal (abbr.)
- Atomic #52
- The back
- One-time computer giant
- Female of a horse
- Football's big game (abbr.)
- Vehicle
- Single Lens Reflex
- It's becoming more prevalent
- Political action committee
- Makes lightbulbs
- Natural home of an animal
- In bed
- Superman villain
- The Golden State
- One who leads prayers in a mosque
- They accompany a leader
- Atomic #18
- Electronic countermeasures
- The appearance of something
- Connecting line on a map
- Deep red color
- Secret affairs
- Drenches
- Contains music
- Expression of surprise
- Intestinal pouches
- Where birds are born
- ___ and behold
- Cools your home
- The First State

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Fall Fly Tying Program

By CAPT. DAVE MONTI

Stock up on your fly fishing flies by joining the RI Department of Environmental Management (DEM) Division of Fish & Wildlife Aquatic Resource Education's annual Fall Fly Tying Program. Learn how to tie flies from knowledgeable fly tying instructors.

Participants will have a choice of tying saltwater or freshwater flies at either the beginner or intermediate level. You will even have a chance to win a holiday wreath covered with a variety of flies.

The program begins Monday, Nov. 14, 2022 from 7 p.m. to 9 p.m. at Cold Spring Community Center, North Kingstown, RI.

The fee is \$5/person/session or pre-register for all five sessions for \$20. For information or to register online visit, <https://dem.ri.gov/events/fall-fly-tying-workshop> or contact Kimberly Sullivan at 401.539.0037 or kimberly.sullivan@dem.ri.gov.

Anglers weigh in on tautog regulations

Last week you might say anglers stood up for tautog, a great eating fish often called black fish that is primarily targeted by anglers in the fall.

Most comments made November 1 were in favor of new proposed 2023 tautog regulations for the State of Massachusetts as anglers expressed their thoughts at the Massachusetts Division of Marine Fisheries (DMF) hearing on the subject. The State of Rhode Island had enacted similar regulations for the 2022 season.

The aim of the "Trophy" fish regulation for tautog is to preserve large female fish that have great spawning potential. Under new regulations, anglers are allowed to take just one fish larger than 21 inches, and their remaining fish in a slot limit of 16 to 21 inches.

Jack Creighton, past president of the Cape Cod Salties fishing association, said, "The Cape Cod Salties supports this proposed

more conservation minded tautog regulation. Protecting large fish with great breeding potential makes sense and will help continue to grow this fishery."

Fred DeFinis who lived in Massachusetts much of his life, but now lives across the border in Portsmouth, Rhode Island, said, "Recreational anglers like me have had good success tautog fishing the past couple of years. It is a great fishery and only makes sense to preserve the fishing in Massachusetts and Rhode Island as we are in the same management region with the aim of making regulations similar."

Four charter captains at the meeting who all fished in Massachusetts and Rhode Island related how the new regulation worked in Rhode Island this year. All said there was no negative impacts on business. And, by allowing anglers to keep fish 16 to 21 inches they are going home with plenty of meat and yet are still allowed a trophy fish for personal best records and tournaments.

DMF will accept written public comment on all proposals covered at the meeting through 5 p.m. on Friday, Nov. 11, 2022. Submit written comments to Director Daniel McKiernan by e-mail (marine.fish@mass.gov) or post (251 Causeway Street, Suite 400, Boston, MA 02114); emailing comments is preferred. Full text of the regulations may be found on DMF's website.

Where's the bite?

Striped bass. Elisa Cahill of Snug Harbor Marina, South Kingstown, said, "So many anglers are fishing for tautog that we are not hearing much about striped bass. I do know there was a decent bite at the North Rip (Block Island)."

Dave Henault of Ocean State Tackle, Providence, said, "The striped bass bite in is still very good with this warm water. Slot fish and larger are still being caught at the Cape Cod beaches, on the Canal as well as in Narra-



NEWPORT TAUTOG: Angler Steve Brustein of North Kingstown with a Newport tautog. Both rigs and jigs are working for tautog anglers. (Submitted photo)

gansett Bay and along the southern coastal shore. SP Minnows and soft plastics are working well for anglers. The bass are still here but you have to find them."

"Barrington Beach and places further up Narragansett Bay are still holding bass. Anglers are catching bass from the Kettle Point Dock (East Providence) with soft plastic, white is working well," said John Littlefield of Archie's Bait & Tackle, Riverside.

Declan O'Donnell of Breachway Bait & Tackle, Charlestown, said, "The beaches have been relatively quiet with most schools of bass passing at ease well out of casting distance. However there are still a good amount of bass in the salt ponds and feeding in and around the Breachways at night."

East End Eddie Doherty, expert Canal angler and author, said, "Plenty of baitfish are still swimming in the Canal feeding sustained blitzes for miles. Striped bass were breaking for hours riding the east tide as Anast Terezakis and his son Nick from Connecticut had a good day at Pip's Rip. They had fish up to 42 inches and Anast landed a 26-pounder on a white Beachmaster pencil."

Tautog. "Tautog fishing has just been outstanding. The Island Current party boat caught an 18-pound tautog last Friday. Shore anglers on the West Wall are still catching tautog but they have started to move to deeper water with a good bite off Brenton Reef, Newport and off Pt. Judith Light," said Cahill.

Littlefield of Archie's Bait & Tackle said, "Anglers are catching tautog all over the Bay at about a 10 (short) to one (keeper) ratio. Keeper tautog are being caught as far up as the broken bridge at the mouth of the Seekonk River with spotty action (some days good, some days bad) at Conimicut Light, Warwick."

O'Donnell of Breachway Bait, said, "Many boats have been limiting out on tautog and even grabbing a few black sea bass. The fish are still in both shallow and deep water. Some spots are holding shorter fish than others but when you get on a good bite there's some 8lb + class fish around."

"Cod fishing has been good for customers at the Southeast corner of Cox Ledge where Capt. Louis DeFusco of Hot Reels Sportfishing charters ran into some large cod that made it difficult for them to boat slot sized fish (22" to <28", five fish/person/day)." said Elisa Cahill of Snug Harbor. O'Donnell of Breachway Bait, said, "A few boats took advantage of the nice weather last week and ran south of Block Island for cod and did pretty well catching a mix of cod and black sea bass."

Freshwater. "Freshwater fishing for largemouth bass has been very, very good, but not many of my customers are fishing the freshwater with the lively tautog and striped bass bite still alive on saltwater," said Henault of Ocean State. John Littlefield said, "We still have few customers fishing Willet Avenue Pond and Olney Pond, Lincoln Woods for trout but they are far and few between at this time."

Dave Monti holds a captain's master license and charter fishing license. He serves on a variety of boards and commissions and has a consulting business focusing on clean oceans, habitat preservation, conservation, renewable energy, and fisheries related issues and clients. Forward fishing news and photos to dmontifish@verizon.net or visit www.noflufekfishing.com.

Falcons

(Continued from page 20)

momentum.

West scored again in the third to extend its lead to 21-12, but Woonsocket returned the favor and would stay within striking distance until late in the fourth.

The West defense would come up with a stop, and Chung and the offense would run the clock out to secure the win. Perhaps the play of the game came in the final drive when the Falcons converted on a third-and-11 situation to extend the drive.

"We work on that all the time and that has become big for us. We want to control the end of the game, grind the (opponent) down and manage the clock. Woonsocket has an explosive offense so we didn't want to give them the ball back. We turned to Marcus and the offensive line to get the job done," said West head coach Tom Milewski.

Chung was confident heading into that final drive and demanded the ball.

"I always say that I want the ball. Fourth quarter, six minutes left, I want the

ball. I told Coach the play, he agreed. Our communication has been great all season on offense and that's why we were able to (convert)," said Chung.

Dominating up front was key for West after the tough finish to the first half.

"It was good for us. It was a little more adversity than we wanted to have, but we told them that we wanted them to come out and finish. We wanted to do our thing, take over the line of scrimmage," said Milewski.

Chung added: "We obviously weren't happy, but we were still up at half and that's what matters. Coach told us to step on them in the second half and that's what we did."

West will now hit the road to take on Portsmouth in the semis, with a chance at a Super Bowl berth on the line.

The team will once again need to rely on its rushing attack, and Milewski is more than confident in his big time leader.

"It was great for Marcus and great for our team. He's become our workhouse. When we need a play, we know we can turn to him. He runs downhill, he's physical, he's really become one of the best backs in the state," said Milewski.



WARM WELCOME: Members of the West team greet Marcus Chung after a score.



ON THE COURSE: West's Derek Sundberg last week.

States

(Continued from page 20)

Tierney in 10th.

Jack Moretta finished 14th for Hendricken while teammate Brayton Gazerro took 15th. Ollie Ide placed 25th for the Hawks as well. Alex Sjoblom finished 28th for Hendricken.

Ian Bubar led Pilgrim by taking 59th overall while teammate Jordan Lopes finished 62nd. John Maynard took 65th for Toll Gate, followed by Rhontahn Vega at 77th.

Pilgrim's Tyler Boudreau took 81st while Toll Gate's Josh Maynard finished 82nd. Cian Roberts placed 89th for Toll Gate,

while Cranston West's Derek Sundberg cracked the top 100 at 98th.

Toll Gate placed 15th overall as a team followed by Pilgrim in 16th.

GIRLS

Pilgrim's Keaney Bayha led the Pats with a 15-place finish overall. Toll Gate's Alison Pankowicz led the Titans with a 21st-place finish.

Stella Loezos led Cranston East by finishing 34th. Pilgrim's Emily Newton took 74th, followed by East's Madeline Baxter in 75th.

Jessica Chin placed 79th for the Bolts, while Tiffany Blanco took 81st for Pilgrim. East's Miko Lehnert made the top 100 by finishing in 91st.

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Elks Hoop Shoot begins Sunday

By PETE FONTAINE

“Chicago or bust!” That could easily be the theme of the Nationals Elks 2023 Hoop Shoot that will begin locally this Sunday at 12:30 inside the Cranston YMCA. It’s a terrific tradition of the National Elks Association that providing healthy competition and leads to winners shooting their way into the finals that will be contested on April 22 at Wintrust Arena – home of the WNBA’s Chicago Sky and famed DePaul University Blue Demons. Steven Lagesse, long-time local director and Past Exalted Ruler at Sunday’s sponsoring Tri-City Elks Lodge at 1915 West Shore Road in Warwick, said the event is open to boys and girls ages 8 to 13 and that “there’s absolutely no entrée fee whatsoever.” Even when the various local, district

and regional champions are determined the ENF provides travel fees, hotel accommodations and expenses. “Competition is for boys and girls ages 8 to 13 and their age for the shoot is determined by their ages as of April 1, 2023,” Lagesse explained. “There are three different age divisions for boys and girls ages 8-9, 10-11 and 12-13. Contestants are offered a warm-up shoot and then will then try to sink as many foul shots as they can from the contest required total of 25 shots. In case there’s a tie, a special shoot off will be held.” While speaking about the unique competition, Lagesse pointed out “The National (ELKS) Hoop Shoot is celebrating its 50th Anniversary. There’s of excitement from local lodges throughout the state and country because the boys and girls that capture the national division champions will have their names

– well as the post-shoot photo – placed in the Naismith National Basketball Hall of Fame in Springfield, Ma. Thus, it’s almost tip-off the Sunday’s Tri-City Elks Lodge No. 14 Hoop Shoot with boys and girls having their sights set on moving onto the various district championships as well as a berth in the New England Regionals that will be held in South Portland, Maine on March 11, 2023, with those winners heading to Chicago for the national finals. Lagesse also announced that the North District Finals will be held Dec. 10 at Smithfield High School with the West District finals set for Dec. 11 at Prout High School in South Kingstown. The East District will be held Dec. 18 at the Florence Gray Center in Newport with the state finals back at the Cranston YMCA on Jan. 22, 2023.

Pitch

(Continued from page 20)

The Titans overcame three big injuries in the pre-season to finish in first place and now reach the finals. Toll Gate will probably be considered the favorite, which is remarkable considering the hit in talent it took. Kara Yelman scored a hat trick on Monday and has been a force for Toll Gate. What an exciting year this must have been for her. She got her opportunity to be a go-to player and she has excelled from start to finish. A championship win would be the ultimate way to cap off the season.

The Cranston West football team beat Woonsocket 21-18 in a great game in the Division II Quarterfinals last week. Marcus Chung is no longer under the radar ... he is arguably the state’s best player and showed it last Friday by scoring three touchdowns and turning in an electric performance.

When West had a couple of down seasons, he was always a bright spot and a player that always seemed to be on the brink of a massive breakout. We got that this season and he has been the biggest reason why West is on the verge of a Super Bowl appearance.

Portsmouth will be tough, especially on the road. It will take a big-time performance for the Falcons to get this one, but if Chung plays the way he did last week, West will have plenty of opportunities to score points and get the job done. I don’t have a score in mind, but I like West in this one. Chung has too much momentum.

The Hendricken football team has its semifinals matchup against Central. The Knights nearly got the win last fall and had a chance to tie the game in the final minute this regular season.

The Knights are a tough stylistic matchup for the Hawks. Central has a great rushing attack and is fantastic at controlling the clock. The two teams have similar philosophies and it seems like they’re each other’s toughest foes.

However, the Hawks have the experience and the better defense in my opinion. I expect another close matchup that goes down to the wire, but like the previous meetings, it will be the Hawks that get the job done. La Salle is facing North Kingstown on the other side of the bracket and I like the Rams. I think we’re in for another Hawks-Rams matchup. Surprise, surprise.

The Hendricken boys soccer team played its semifinals match on Wednesday against top-seeded North Kingstown. The Hawks surprisingly have been forgotten it seems in Division I, despite being one of the most competitive teams.

The Hawks lost to the Skippers in a thrilling 5-4 decision earlier this season, and I don’t think an upset would be as shocking as some others believe. Hendricken is in this thing.

The Toll Gate boys also played their semifinal matchup in the Division IV bracket. The Titans were the second overall club, but went unbeaten in league play this regular season. Ties are what prevented the first-place finish, but make no mistake about it, the Titans were the best team in the division when at full strength.

All signs point toward a Toll Gate-Scituate matchup. The teams tied earlier this fall, so this Sunday’s state title game could be another fun one.

We had two notable clubs come up short in girls soccer.

Pilgrim was upset by Chariho in the quarterfinals by a 1-0 score. The Pats will one day break through, they have to, but it was another tough ending to a promising season. The Chargers have all of a sudden shaken up the state as they went on to beat North Kingstown in penalty kicks in the semis. Chariho beat the state’s best two teams, and is now a new force.

The top-seeded Johnston girls fell 2-1 to Providence Country Day on Monday in the Division IV semis. The Panthers were on a roll and beat PCD 3-1 earlier this year, but PCD came out firing and took a quick lead to set the tone the rest of the way.

Finally, we had a few clubs competing in the unified volleyball state tournament. Unified sports have continued to grow in Rhode Island which is great to see. I’m thrilled to see these kids have the opportunity to make friends, have fun and learn a sport while being part of a varsity team. It’s always heartwarming to watch.

Frozen Few were toasty (and wet) for frostbite racing

By JOHN HOWELL

George Shuster had great expectations for Sunday, the first day of frostbite racing at Edgewood Yacht Club. The weather forecast was unbelievable for this time of year. The temperature could hit 75 degrees. Rather than “A Frozen Few,” as the sailors have named the group, Shuster anticipated more than a dozen Sunfish, a single handed boat with a lateen sail, on the starting line. And in place of the customary attire of wet and dry suits, caps and gloves he thought sailors would be wearing short sleeve shirts, shorts and maybe even bathing suits.

The temperature lived up to Shuster’s expectation, but the wind transformed the “toasty few” into a cavalcade of capsizes. Not all of the nine racers were dumped into the choppy bay, but there were enough to keep Dennis Demers and Ray Parker in the chase boat busy. Righting a capsized Sunfish can be relatively easy if the boat hasn’t turned turtle and is faced into the wind. That wasn’t always the case Sunday. Dennis and Ray turned boats into the wind and stood by as soaked skippers applied their weight to the center board that looked like a giant shark’s fin. The added weight to the center board often flips the boat upright.

Race committee chair, Stuart Malone, set the

courses, gave the count down to the start with successive bursts of his mouth whistle and recorded the results. He said gusts hit 23 knots. After a couple of races, a soaked Wayne Kazarian figured it was time to play safe and returned to the dock. He wasn’t alone, two other boats retired early. Another sailor, Demers reported, had partially unzipped their wet suit to offset the heat. The problem, when dumped in the water the suit filled and it was difficult to maneuver.

By the end of the morning of six races, Demers and Parker had retrieved all the marker buoys. Malone had secured the committee pontoon boat. Skippers were breaking down their rigs and stowing their craft on dock racks.

Malone interrupted the activity with two words: “race results.” Skippers, dripping wet looked up from their activity. Malone started from the top. Bill Shaw, a first time racer with the Frozen Few, finished first, Shuster was second.

Work resumed on putting all the gear away for another Sunday race. Time wasn’t wasted. The Patriots game would be on and while the skippers were wet, they weren’t frozen and that was a good thing.

Malone confessed frostbite sailing in 70 degree weather, “does feel a little bit like cheating.” But he wasn’t complaining.



OVER BUT NOT OUT: Skipper Zach Magnone was able to right his boat before the start of the final race. (Cranston Herald photos)



TIGHT START: Skippers vie to be across the starting line first, which was made all the more difficult by gusty winds of up to 23 knots Sunday.



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